

CARDINAL RAYS

Newsletter of the Ohio Society of Radiologic Technologists

NEWS & FEATURES

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Sessions with Shellie

Greetings to All!

I hope all of you have time to celebrate and acknowledge National Radiologic Technology Week during the week of November 6th – 12th. Since 1979 National Radiologic Technology Week has been celebrated to commemorate the date of November 8, 1895, to honor the discovery of X-rays by the German physicist Wilhelm Röntgen. This is a great time to reflect on the radiologic sciences' past and future of the radiologic sciences. In addition, Thanksgiving is arriving, and this is a time to think about all the gifts, talents, and attributes we have been blessed with and what we may do to give back to enhance the profession of radiologic technology and patient care.

Being a member of the Ohio Society of Radiologic Technologists offers numerous ways for you to give back to your profession. You can volunteer as a committee member and run for a board of directors or president-elect position for the upcoming 2023 election. You can nominate yourself or someone who would be an excellent fit for a board of directors or president-elect position.

Sessions with Shellie (continued)

Another way to become involved is to submit information pertinent to the profession to be shared on the website or social media platforms. In addition, please follow and share the information posted on the OSRT social media platforms. OSRT social media platforms include Facebook, LinkedIn, and Twitter.

Also, consider participating in advocacy efforts done by the OSRT. Please check the website for updates on advocacy efforts under the Advocacy and Legislation tab to see the most current issues and when meetings are held in Columbus as part of the Ohio Department of Health.

Please take the time to consider how you share your talents as part of the OSRT to enhance the radiologic sciences profession. Please do not hesitate to ask me any question(s) on how you can be more involved in the Ohio Society of Radiologic Technologists. If I can't answer your question(s), I'll let someone who can.

Respectively,

Shellie



Shellie Warino
OSRT PRESIDENT

"PLEASE TAKE THE TIME TO CONSIDER HOW YOU SHARE YOUR TALENTS AS PART OF THE OSRT TO ENHANCE THE RADIOLOGIC SCIENCES PROFESSION."



Are you or someone you know passionate about the medical imaging and therapy profession? Please consider submitting a nomination for the Ohio Society of Radiologic Technologists Board of Directors. Nominations for Director-at-Large (May 2023- October 2026 term), President-Elect, and Technologist of the Year are now open through January 15!

Qualification requirements, expectations, and more information can be found on the following pages, [OSRT Election](#) and the [Technologist of the Year](#).

Expectations of elected Directors:

- Register and attend the Leadership Academy on March 3 & 4, and the 2023 Annual Meeting April 12-15,
- Attend board of directors meetings,
- Participate in committee work and chair a committee during the term of office.

NOMINATIONS





OSRT Fall Virtual CE Session

November 5, 2022

Are you interested in learning more about imaging of the chest? Do you know all the different emerging technologies and cancers of the lung? Come and learn! The seminar is virtual through Zoom so that you can attend from anywhere. The 3-hour CE session begins at 9:00 AM and ends at noon Eastern Time.



Photo by Umanoide on Unsplash

Meet the Speakers

Anatomy and Radiographic Positioning Review of the Chest
Lauren Huffman, M.A.ED, R.T.(R)(CT)



Current and Emerging Techniques in Chest Imaging
Kelly A. Dragomir, M.A. RT (R) (CT)



Cancers of the Chest
Kim Ragazzine, B.R.I.T., R.T. (R) (T)



OSRT Member rate - \$ 15.00**

Non-member rate - \$ 30.00

Student rate - \$ 10.00

The registration and payment deadline is November 3, 2022.



Scan the QR code to register!

*3.0 Category A CE credits have been approved by the ASRT and the ARRT has awarded CQR credit distribution.

**If you are a member of an ASRT affiliate you qualify for the OSRT member rate!

CELEBRATE NRTW WITH THE OSRT! NOVEMBER 6-12

Get your selfie sticks ready! Celebrate National Radiologic Technology Week with the OSRT on social media and win prizes! Two lucky winners will receive gift cards but you need to play to win! Click on the icons to get social!



Here's what you need to know:

- You must be an OSRT member AND follow us on social media to win.
- The winners will be the technologist and student who participated the most throughout the week.

Memory
Monday



Post your favorite/most embarrassing memory from school/early career.

Tech
Tuesday



Students! Post a selfie with an influential tech who is mentoring them through clinical. New techs! Post a selfie with a coworker who is mentoring you at work!

Wonderful
Wednesday



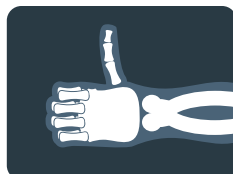
Post something you can't live without on the job/clinical. Something that makes you happy/comfortable or you simply need to survive! (good pair of shoes, comfy scrubs, iced coffee)

Thoughtful
Thursday



Technologists! Post a thoughtful tip for students. Could be from a newly graduated technologist or techs who are more 'seasoned'. We love all our members equally :)

Favorite
Friday



Students! Post a selfie with an instructor or technologist and tell us what your favorite subject has been to this point. Technologists! Post about what your favorite subject was during your educational program.



Student Spot!

Student Cardinal Rays



Happy Fall, Y'All!



Becky Everetts
Student Director
student@osrt.org

Summer went too fast, and fall has definitely set in! I love seeing all the leaves changing color and a slight nip in the air! It's great weather to curl up with a cozy blanket, a hot cup of tea and a good book or movie! I hope everyone has embraced this change in season. In this article I wanted to highlight several upcoming events that are super educational, great networking opportunities, and just plain old FUN!

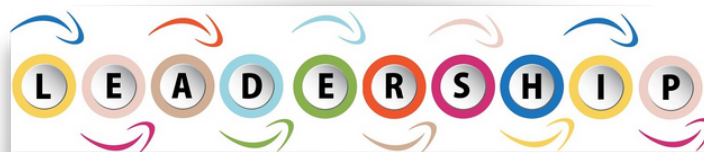
UPCOMING EVENTS

Did you know that as a student you can attend the OSRT virtual CE sessions? It's only \$10 to attend!! While we have yet to be registered technologists, we can further our knowledge in the subject matter. The upcoming session is on Chest Imaging & Treatment Considerations. I think we learned quickly as students that a chest x-ray is the most common x-ray we take. While I find them relatively easy to perform, I find it difficult to actually "know" what I'm looking at once the x-ray is taken. I listen to experienced technologists discuss what they see, and I catch myself scratching my head trying to figure out what they see.

Well...the upcoming Virtual CE session should help me with this, and I hope those of you students who feel the same will take advantage of it!! Hope to see you there! The session is through Zoom so you can attend from anywhere (and in your jammies). The session begins at 9:00 AM and ends at 12-noon Eastern Time. Please take a look at the information on [page 3](#) of this issue.

Another opportunity to take advantage of and help boost your new career is the ASRT Student Leadership Development Program. Applications for the 2023 ASRT Student Leadership Development Program (SLDP) are being accepted through November 11, 2022. Selected students will participate in the 3-year program, learn valuable leadership skills with the ASRT and OSRT, attend the ASRT Annual Governance and House of Delegates Meeting (June 22 - 25, 2023) in Reno, NV, and have excellent networking opportunities. Qualification requirements and more information can be found on the ASRT SLDP webpage.

The OSRT also has a leadership opportunity. The OSRT Student Director program is open to any OSRT student member in their first year. The selected student director serves as an official voting member of the Board of Directors. The board strongly believes that students are future leaders, and the OSRT has a responsibility to help cultivate them as leaders.





Student Spot!

Student Cardinal Rays



Another upcoming event that is held in the spring is the OSRT Leadership Academy. This is another great opportunity to learn about all the committees and volunteer opportunities the OSRT has and how to get involved. I attended last year and had so much fun and met some great people!!! Look for an announcement soon on dates and registration.

And last but not least, the OSRT Annual Meeting!! For new students, you do not want to miss this meeting!! It's jam packed with educational sessions, the infamous Quiz Bowl and an incredible DANCE PARTY!!!! Stay on the lookout for more details!!! Dates are April 13-15, 2023. Can't wait to see all of you!!!!

If you have any questions on these upcoming events, please reach out to myself or the OSRT Executive Secretary.

Respectively,

Becky

OSRT Student Director Program

The Ohio Society of Radiologic Technologists (OSRT) commitment to student professional growth and development is demonstrated through the OSRT Student Director Program. The selected student director serves as an official voting member of the Board of Directors. The board strongly believes that students are future leaders, and the OSRT has a responsibility to help cultivate them as leaders.

This program is open to OSRT student members in their first year of a primary imaging or therapy program. One student will be selected to serve as a board member from April 2023 to October 2024. This period of service helps to facilitate strong relationships, a fundamental understanding of organizational operations, enhanced leadership skills, and a commitment to continued service to the profession. The selected student must also attend the OSRT Leadership Academy on March 3 and 4, 2023.

The application open is now open through January 13. Visit the [OSRT Student Director](#) page for program benefits, requirements, and application.



Student Spot!

Serving as a Student Director



Tis The Season!

Greetings, fellow OSRT members! My name is Jessica Bates, and I am currently a faculty member in the Radiologic Technology Program at Sinclair Community College. I graduated from the same program for which I am now an instructor. Following graduation from Sinclair's program, I attended the baccalaureate imaging program at UC Blue Ash while simultaneously earning my C.T. certification. My place in the world of radiology and diagnostic imaging is totally accidental – prior to my acceptance into Sinclair's program, I didn't even know that x-ray and imaging fell under the blanket of radiology! Needless to say, it's the best accident that ever happened to me.



My occupational history is pretty vast - I like to tell people I am a jack of all trades but a master of none. I started my working life at the age of 14 as a bus-person in a restaurant, moved into serving and bartending, then went into the world of retail at various places ranging from Victoria's Secret to Lowe's! I also worked internally for a temporary service as a staffing supervisor, a customer service representative for a leather company, and then a fiscal assistant and insurance coordinator for a governmental agency. During my time as a fiscal assistant, I unfortunately lost an aunt to cancer. Her death made me think that a career in radiation therapy might be a good one, but at that point in my life the closest therapy program was a four year commitment and I was not in a position in life or financially that I could make that happen. I started to research "radiology programs" and found Sinclair.


I started the Radiologic Technology Program at Sinclair in the fall of 2016. Toward the end of my first semester, I learned about the OSRT student leadership opportunity. I said, "What the heck!" and submitted my essay application. It was during winter break that year that I got the email stating that I had been chosen as Student Director, and that I would serve as a Board member in that capacity. I had the opportunity to meet imaging professionals from all backgrounds - I would hate to even try to estimate the years of experience in the room that I was surrounded by during the Board meetings! I also had the pleasure of serving on the Annual Meeting Planning Committee, and got to experience the amount of planning and work that goes into that ever so important three day event.



JESSICA BATES (CONTINUED)

Serving as Student Director with the OSRT added so much to my experience as a student. As cliché as it may sound, it made me feel like I was a part of something bigger than just being in my program's bubble and going through the motions until I reached graduation. It allowed me so many additional positive experiences – opportunities that my fellow classmates did not have. I would highly encourage any imaging student who is even slightly considering applying for the Student Leader position to do so. I also encourage the students who may not want to serve in the leadership role to get involved with the OSRT in some form or fashion. There are many different committees that would welcome the contributions and ideas from current imaging students.

If any students are interested, but might have other questions, please feel free to reach out to me directly. I'd be happy to chat! jessbates1206@gmail.com



Applications for the 2023 ASRT Student Leadership Development Program (SLDP) will be accepted until November 11, 2022. Selected students will participate in the 3-year program and learn valuable leadership skills with the ASRT and OSRT, attend the ASRT Annual Governance and House of Delegates Meeting (June 21 - 25, 2023), and have excellent networking opportunities.

Students can apply directly on the [ASRT SLDP page](#).

Application requirements include:

- Currently enrolled in an accredited medical imaging or radiation therapy program.
- Current ASRT student member.
- Proof of current ASRT affiliate membership, excluding Military applicants.
- Completed application and essay.
- Signed letter of recommendation from your program director.

Selected participants receive:

- Airfare, housing, and a stipend for meals and other travel expenses.
- An educational program designed just for students.
- An insider's look into the world's largest association for medical imaging and radiation therapy professionals.
- Expanded opportunities for professional growth.
- Three years of continuing SLDP opportunities.

KETTERING COLLEGE RADIOLOGY STUDENTS SPARK CURIOSITY IN YOUNG STUDENTS



By Rebecca Ingle, MFA
Communications Specialist | Kettering College

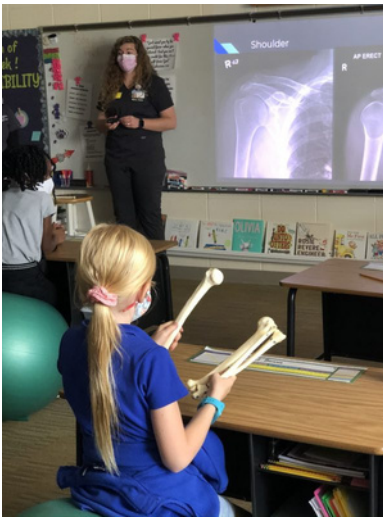
Kettering College radiology students visit Spring Valley Academy (SVA) every year to teach third- and fourth-grade students about x-rays. This project was designed by Tuta Ionescu, Radiologic Technology Chair and Professor, in 2014 to incorporate service learning into the radiology curriculum. Through collaboration with SVA, a K-12 Christian institution, the second-year radiologic technology (rad tech) students conduct multiple visits and presentations throughout the school year.

Ionescu says, “The goal is to increase awareness about safety, injuries that can cause bone fractures, how to prevent such injuries, and what to expect in a hospital setting should such injuries occurs. This service-learning project is directly linked to the students’ summer didactic learning on pediatric radiography and imaging.”



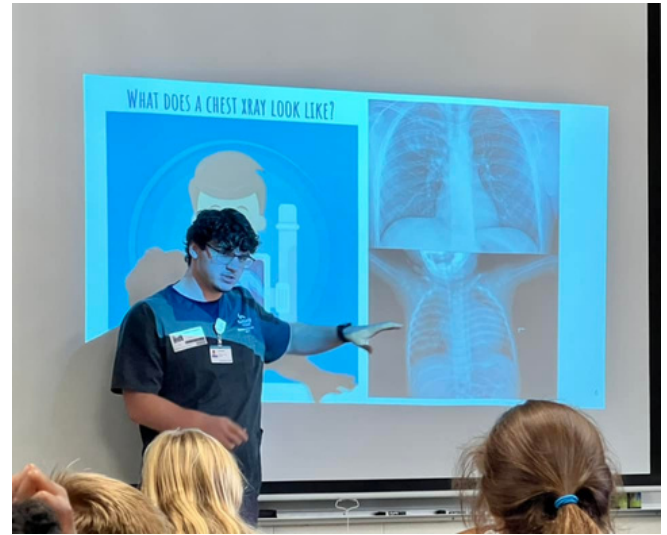
Idamae Jenkins, Radiologic Technology Assistant Professor, says, “The class’s visit to SVA is a chance to interact with the pediatric population, knowing that some of our students have not had their pediatric rotation at the clinical site yet. It gives them a chance to showcase their creativity and enhance their communication skills by speaking to a large group of people.”

Ionescu and Jenkins hope the interactive methods Kettering College students present in the SVA classes help introduce young students to new knowledge and increase awareness of healthcare professions. They agree watching our students step into the role of teachers is rewarding, as they find creative ways to convey basic concepts to a group of students with different learning styles. While in the SVA classrooms, the rad tech students are in charge of the entire session as Ionescu and Jenkins observe. The third- and fourth-grade students ask a variety of questions, such as, “If they don’t put the arm in a cast, how else can it be fixed? How do they take the cast off the arm? Do you know that babies have 305 bones?” Sometimes the young students simply tell a story. No matter what the day brings, the rad tech students must field all questions on their own and implement engaging ways to bring students’ focus back.



Visiting the SVA classrooms has proven to be a rewarding service-learning project that students feel helps them use their knowledge in a new way. The department sends out a survey to rad tech students after the visit, and they often reflect on how fun the experience was and how much they learned as they communicated information to students and answered their impromptu questions while their own professors observed them as they took the lead.

Kettering College's partnership with SVA is helping our students push themselves out of their usual routines and expand their confidence and knowledge as they serve others. Students on both sides gain new information and curiosity from the day of instruction, showing that serving others helps everyone involved to grow.



SHARE WHAT YOU'RE DOING!

Is your program or department doing great things that you would like featured? If so, please send the information to the Cardinal Rays editor at osrt.osrt.org.



2023 Annual Meeting

April 13-15

Columbus, Ohio

Plan now to join colleagues for the 82nd OSRT Annual Meeting Thursday, April 13 through Saturday, April 15, 2023, at the Columbus Doubletree, in Worthington, Ohio. You can earn the majority of your required CE credits in one weekend! Come and join us, expand your learning and socialize with fellow technologists! Mark your calendar now to join us!

Just some of the topics include:

Working Till It Hurts: Examining the Incidences of Work-Related Musculoskeletal Injuries Among Radiographers

Clinical Burnout and Implications of the Covid-19 Pandemic for Allied Health and Radiologic Technologists

What is Interventional Radiology?

Radiation Safety in Interventional Procedure Suites

Medical Imaging Errors: Causes, Consequences, and Correction to Improve Patient Care

Use of Custom-Built High-Speed X-Ray in Experimental Testing

Technical Factors: Putting It All Together

Venous Access - How IR, X-ray, and CT Work Together

Continuing Qualifications Requirements (CQR) - An Overview

Working with the Alzheimer's Patient

2023 OSRT Leadership Academy

Want to increase your knowledge on the operations of non-profit organizations and become a leader in your profession? OSRT Leadership Academy is for you!

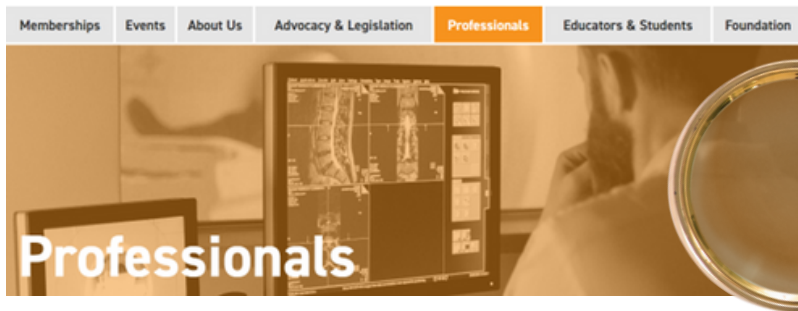
2023 OSRT Leadership Academy:

- Friday, March 3rd Virtual Session
- Saturday, March 4th In person Sessions at the OhioHealth Westerville Medical Campus in Westerville, Ohio

ASRT CE Credit pending approval

Please visit our website www.osrt.org for more information and to apply today!

What's Where on the New Website?



Under the Professionals Tab you can find information on:

- Ohio Department of Health (ODH) including licensure and rules
- Health-related articles from the National Institutes of Health (NIH) and the Department of Health and Human Services (HHS)
- Grants and Scholarships
- Links to the ASRT and ARRT
- Radiation Safety
- Nominations link for Board of Directors and President-elect
- JobConnex



Foundation Corner

The OSRTERF Board and all the students and technologists who have received grants and awards would like to give a big “Thanks” to all who donated to the OSRTERF. These grants and awards have made a difference in many of the recipient's endeavors in their education.

The OSRTERF is essential in helping promote education for students and technologists. We are always looking for people who want to help in this endeavor by volunteering for the OSRTERF Board when there are open positions. Please, if you are interested, notify the OSRT Executive Secretary.

2021-2022 Donors:

- Gloria Albrecht
- Angie Arnold
- Leisa Arnold
- Sheryl Bacon
- Jay Ball
- Dr. Philip Ballinger
- Dr. Terri Bruckner
- KathyAnn Eggert
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- Ann Swartz
- Faith Todd
- Andrea Tschirner
- Shellie Warino





Foundation Corner



Would you like the opportunity to help others in your profession? If so, please consider donating to the OSRT Education and Research Foundation. The benefit of contributing to the OSRTERF is to allow medical imaging professionals to excel in clinical, administrative, and educational settings. This also allows individuals to apply for the opportunity to conduct research vital to improving patient care and advancing imaging professionals. Feel free to make an online donation, or if you have questions, you can contact a representative on the Foundation Board. Gifts may be small or large; we are happy you are willing to help!

The OSRT Education & Research Foundation is partnered with the Amazon Smile program. When you make your next purchase on <https://smile.amazon.com/>, part of the proceeds will be donated to The Ohio Society of Radiologic Technologists Education and Research Foundation. Amazon will donate 0.5% of the purchase price of almost any item (excluding digital items) to the charity of your choice. There is no cap on the amount of money Amazon will donate and no additional cost to the consumer. Of course, OSRT hopes the charity of choice you select is The Ohio Society of Radiologic Technologists Education and Research Foundation for the Foundation to receive the donation.



The OSRT Education and Research Foundation annually awards educational grants. Grant applications must be submitted no later than March 1 along with meeting related criteria. Applicants may be registered or student technologists who are members of OSRT at the time of application and at the time of the Annual Meeting.

Debbie

Debbie O'Mellan
OSRTERF Chairperson





2023-2028 STRATEGIC PLAN: AT A GLANCE

VISION

Promote clinical excellence in radiologic technology

MISSION

Advocate for radiologic technologists by advancing professional practice to enhance patient care

CORE VALUES

- Accountable
- Dependable
- Inclusive
- Innovative

GOALS

- Facilitate educational opportunities for professional development
 - Increase the number of attendees at face-to-face CE offerings by 5% annually
 - Increase the number of attendees at virtual CE offerings by 5% annually
- Promote advocacy efforts
 - Participate in a minimum of 75% of formal state meetings regarding pertinent regulatory/legislative issues annually
 - Deliver at least two continuing education presentations related to advocacy efforts annually
- Foster inclusive relationships that promote collaboration
 - Create and implement at least two networking opportunities annually for members and non-members
 - Collaborate with three or more interprofessional organizations annually

Call for Volunteers

The OSRT is a very active organization with many volunteer opportunities for its members. It is a valuable way to give back to the profession and share your knowledge and skills with colleagues. Individuals can contribute time and skill sets to support the mission of the OSRT and the OSRT Education and Research Foundation.

The OSRT is calling out for volunteers for the May 2023-October 2024 term.

Information about volunteering, committee descriptions, and whom to contact if interested can be found on the [OSRT Volunteer page](#).

IS IT YOUR TIME TO RENEW?

Don't forget to renew your OSRT membership! Look on your membership e-card or contact the Executive Secretary to see when it is your time to renew.



Renewal notifications will be sent via email before your membership expiration. Make sure to not miss these emails by setting the OSRT email as a trusted sender, so our emails don't end up in your junk folder. Also, be sure that the email you are using is the email in your member profile.

Why renew? Well, why not! OSRT membership has many benefits, including professional advocacy, discounted rates for CE opportunities, networking, scholarships, and volunteer opportunities. For more information, check out our [membership benefits](#).

BOARD OF DIRECTORS MEETING SCHEDULE

All are welcome to attend the Board of Directors meetings. They are free to attend, but pre-registration is required. Please get in touch with the OSRT Executive Secretary for more information or register.

Friday, January 20, 2023

8:30 am

Virtual via Zoom

Wednesday, April 12, 2023

10:30 am

In-person at the Columbus
DoubleTree Worthington

ELECTION DAY NOVEMBER 8



PLEASE VOTE!

GET SOCIAL!

Click on the icons for the OSRT social media pages



OSRT Executive Office

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Zanesville OH 43701
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Email: osrt@osrt.org

Web: www.osrt.org

OSRT VISION

The OSRT will be the voice of Ohio medical imaging and radiologic science professionals.

OSRT MISSION

The OSRT advocates for medical imaging and radiologic science professionals by advancing professional practice to enhance the quality of patient care.

From the Editor

Thank you for taking the time to read this issue of Cardinal Rays! I appreciate any feedback that you have about Cardinal Rays. What information would you like to read about? Let me know!

Namaste,

Lauren Huffman

Cardinal Rays Editor



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Shellie Warino, President
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