



Ohio Society of Radiologic Technologists

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Bruckner's Buzz

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Happy New Year! I hope each of you had a wonderful and festive holiday season. As the holiday season draws to a close, it's time to think about resolutions for the upcoming year. What resolutions are you thinking of for 2015? One exciting resolution might be to become more involved in your profession. There are many ways to fulfill this resolution.

You could start by examining the OSRT website <http://www.osrt.org/>. Our web editors have spent countless hours improving the site and making it more user-friendly. See the latest news. Check out the ease of the online membership renewal. Watch for periodic updates on the Technology and Innovations link. Get information on the upcoming meetings and competitions. These are just a few of the many benefits members enjoy at OSRT.org!

Perhaps you know an outstanding technologist who should be nominated for **Technologist of the Year**. The membership chooses one person from the nominees who will be recognized at our annual meeting in April. This year's Technologist of the Year is **Emma Palmer**. Any active OSRT member can nominate a deserving technologist for this honor. The criteria and nomination form are found at <http://www.osrt.org/annual-meeting/honors-and-awards>. Remember the deadline for nominations is **January 15, 2015**.

Maybe you are interested in becoming involved in your professional organization. The OSRT is a great place to give back to your profession. You could volunteer to serve on or to chair a committee. For more information on the OSRT committees, check out the following link: <http://www.osrt.org/connex/rt-connex/284-osrtseeksvolunteers>.

The OSRT is also seeking **nominations** for the **Board of Directors** and for **President-elect**. You can nominate yourself as well as other radiologic sciences professionals. Criteria for these positions can be found at <http://www.osrt.org/connex/rt-connex/34-directors-wanted>. If you have questions or would like more information about these positions, please contact the chairperson of our nominations committee, Gloria Albrecht at galbrech@ccf.org or myself directly at bruckner.terri@gmail.com. The deadline for nominations for these positions is **January 15**.

Student members should consider applying for our **Student Leadership Program**. Four students are chosen from the applicants each year to become OSRT Student Interns. This is a fantastic opportunity for students to learn more about the profession, get involved with committees, and interact with the Board of Directors. One of the interns is also chosen to serve as the Student Director, a voting member of the OSRT Board of Directors. Please encourage all deserving students to apply by the **February 1** deadline.

Plans are being finalized for the 2015 **Annual Meeting**. There will be many educational opportunities and fun activities. Please note that this year's meeting will start with a welcome reception on Wednesday, **April 8**, and include educational sessions Thursday, April 9 through Saturday, April 11. The **Quiz Bowl competition** will be held on **Saturday, April 11** this year. I hope you will plan to join us in Columbus this year. Check the OSRT website for more details. Also, please

note the following OSRT Education and Research Foundation application deadlines for this year's meeting:

Educational Grants for students and imaging professionals—March 1

Poster Competition for students and imaging professionals—March 1

Essay Competition for students and imaging professionals—March 1

I would like to announce sadly that, Jason Lee has resigned his position as a Director on the Board. Jason and his family have been offered exciting opportunities out of the state, and we all wish him the best in his future professional endeavors. We are very fortunate that **Tiffany Roman** has been appointed to serve the rest of Jason's term on the board. Welcome Tiffany!

It is also with great pleasure that I announce that the OSRT was the first state to apply and be approved for the ASRT Affiliate Financial Assistance Program. This program was implemented in 2014, and awards Affiliate Societies of the ASRT \$1.00 for every ASRT member in the state. The money received from this program will be used to make the OSRT a better resource for our members.

Again, Happy New Year to all of my friends and colleagues as we begin 2015! I wish you all the best in your personal and professional lives.

Terri Bruckner, OSRT President



Tech Talk by Lizzy Hemme, BRST, RT (R) (CT)

What is your name, job title and educational background? Christine Scholz RT(R), Special Procedures Technologist-Cardiac Cath Lab. I obtained my Bachelor of Science Degree from Miami University and an Associate of Applied Science Degree in Radiography from University of Cincinnati, Blue Ash College.

How would you describe the institution in which you work to someone who is visiting for the first time? I work at The University of Cincinnati Medical Center which is the only Level 1 Trauma Center in Cincinnati. We are a strong teaching facility who treats the most complicated patients in the tri-state area.

What does your job entail? I work as a team member to assist physicians in all facets of a cardiac catheterization or peripheral vascular procedures including but not limited to: operating fluoroscopy equipment, assisting/scrubbing procedures, and charting. I have also been involved with the design and construction of our new OR suite and data collection/ interpretation of our patient population.

Why did this type of work interest you? I love the level of involvement I have with the procedures we perform. As a result of my involvement I have learned a tremendous amount about the physiology and disease processes of the heart and the vasculature of the human body.

How did you get your present job and what kind of experience and preparation helped you the most? I got my job out of pure luck! I applied for the position with no previous cath lab experience other than I had been a staff radiographer at the hospital for a few years and worked 2 days a week in Interventional Radiography for about 6 months.

Could you describe one of your typical workdays? I start my work day by assessing the schedule and then I report to my assigned room to be sure it is stocked with plenty of equipment and supplies. Once my room is prepped, I work with a nurse and one additional staff member (nurse or technologist) to prepare patients for the procedures. I assist the physician in performing the procedure by operating the x-ray equipment, providing supplies, and assisting with the patient's needs. Upon completion I clean up the patient's access site, help safely transport them to a hospital room, and then prepare the cath lab room for the next case. Some days are extremely busy and you have to be prepared to work long hours. My average work week is 40-50 hours with two nights of call.

What do you think the most important skills and abilities are for this position? Flexibility, team work, and critical thinking skills are the most important. In general, our cases go smoothly but on occasion our patients are critically ill and you must be able to prioritize what the most important things are at that moment to save the life of your patient.

What do you find most enjoyable or rewarding? The best part of my job is the instant gratification we see when a patient is having an MI, and we are able to retrieve the clot out of the coronary artery. The patient instantly feels better and within minutes their EKG is normalized. We are literally saving their life and honestly that is a great feeling!

What changes do you see occurring in this field during the next few years? Our technologies are advancing by leaps and bounds. We are able to do more and more procedures percutaneous which were previously done via an open heart surgery. Our patients have no incisions and therefore a dramatically shorter recovery time. Our newest procedure is the TAVR (Transcatheter Aortic Valve Replacement) procedure. We will be able to take a CT scan of the patient on the table, reconstruct the data, and then replace their aortic valve all at once.

What suggestions do you have for an individual wishing to enter this field? Research the job market first, then job shadow a technologist for a day to be sure you like the duties of being a technologist and the environment.

If you could start all over again, would you change your career path? I started this career path in my late 20s. I wish I would have gone directly into x-ray school from high school.

Why did you join the OSRT? I joined the OSRT while I was in X-ray school so I could attend the OSRT conference with my classmates.

What kinds of hobbies and activities do you enjoy in your spare time? Traveling, dining out, listening to live music, and spending time with my family.



OSRT Virtual Journal Club



Do you have passion for Radiologic Technology?

Do you enjoy reviewing and discussing current research and articles with your peers?

Do you wish to advance the profession or add to the body of knowledge in our profession by writing quality research articles?

The OSRT Virtual Journal club is for you! As a member of the journal club, you will work with accomplished reviewers in the profession and connect with peers that are interested in moving the profession forward with quality research. You will learn the difference between peer reviewed sources and non-peer reviewed sources and differing levels of evidence. Over time, you will understand what are credible sources and those that are suspect.

The time is now to step forward and use your passion to drive the profession. We need quality writers to move radiologic technology forward.....this is your time to shine!

The journal club is free and open to all OSRT members, both students and technologists. The journal club is for you if you are interested in researching, writing or presenting, but it is also for you if you only want to understand the research being done and the impact it has on how you practice. Sessions will be computer presentations and synchronous audio conferencing. Our first session is **6-7pm EST on February 18, 2015**. Let's move our profession forward...together! Go to the OSRT website (www.osrt.org) for more details.



Foundation Corner

*The OSRT Education and Research Foundation annually awards educational grants. All Grant applications must be submitted no later than **March 1** along with meeting related criteria as listed on the web, please visit osrt.org for additional information and click on the Foundation tab. We look forward to reviewing your application! The OSRTER Foundation Board*

Audrey Horton Memorial Grant (one time award in 2015): Audrey Horton was the Mother of Leisa Horton Arnold, a founding member of the OSRT Foundation. As a young girl during World War II, Audrey had to quit high school and work to help support her family. Around the age of 60, Mrs. Horton returned to school and earned a GED. Never being resolved over having to quit school or being able to earn a college degree, Audrey was proud to see that Leisa worked to earn her college degrees. Because of her value for a college education, this grant is established in memoriam of Audrey Horton and is open for memorial donations (see Make a Donation). Award preference is given to applicants who are residents of Guernsey and Noble counties in Ohio.

Philip Ballinger Grant (as available): The Ohio State University School of Radiologic Technology Student Grant-awarded to an OSU student or student in the BS program.

George J. Matesich Grant: COTC Radiography Program Student Grant-awarded to a COTC student or any other RT student.

W. Lee Shadle Grant: This student grant is determined by the Awards Committee.

UC Blue Ash College Capstone Grant (as available): This grant is awarded to a UC-Blue Ash bachelor's degree student or any student seeking a bachelor's or master's degree as determined by the Awards Committee.

Ohio State Radiological Society (OSRS) (as available): These two grants are awarded to both a technologist and student as determined by the Committee.

OSRT Honors Grant for Students: This grant is awarded to a student as determined by the Awards Committee.

OSRT Honors Grant for Certified Technologists: This grant is given to a technologist as determined by the Awards Committee.

OSRT Humanitarian Grant: This unique grant is offered in support of humanitarian initiatives. The maximum funding level for any single request approved by the Board of Directors, irrespective of the funding request, is \$500.00; requests in excess of \$500.00 can be considered by the membership at the Annual Business Meeting upon recommendation of the Board of Directors. All approved requests must be funded through an appropriate budget line specifically for the purpose of charitable donations. All requests for funding must be directly related to the field of radiologic technology and must advance some aspect of radiologic technology through its use. The request must be made on behalf of a charitable organization and not an individual.

Central Ohio Society of Mammographers (COSM) Grant: This grant serves to support OSRT members in pursuit of education in mammography. Grants will be awarded in the amount of \$300 to be used for initial mammography training. Funds may not be used for continuing education of mammographers. Grant applicants must be Ohio Registered Radiologic Technologists with a minimum of 2 years practice as a radiographer and must hold current OSRT membership. Prior to application submission for the grant, 8 hours of clinical observation is required in an accredited mammography facility. The COSM Scholarship Observation form for mammography with no reservations must be submitted by a site mammographer and emailed to the OSRT Executive Secretary.

Francine Todd Memorial Occupational Radiation Safety and Protection Research Grant: The purpose of this grant is to develop knowledge through investigation and/or research, which can be used to minimize or prevent occupational radiation exposure by the application of a new or improved procedure, method, technique, system or education. The grant award amount is determined annually by the OSRT Education and Research Foundation Board.



OSRT Toll-free Phone Number
1-866-405-OSRT (6778)
OSRT Website

www.osrt.org

2015 Annual Meeting

Mark your Calendars now! Come and Celebrate with colleagues at the 2015 Annual Meeting of OSRT! The meeting will be held April 9-11, 2015 at the Marriott Northwest - Columbus, Ohio. Plan now to join colleagues for the 75th OSRT Annual Meeting which is a milestone year for the organization as Ohio RT's celebrates 77 years of professionalism and advocacy in medical imaging! The meeting will feature first class CE topics that suit a variety of practice disciplines. You can earn the majority of your required CE credits in one weekend! Come and join us, expand your learning and socialize with fellow technologists!



OSRT VISION

OSRT will promote the excellence of professionals in medical imaging and radiologic science.

OSRT MISSION

Advocate for medical imaging and radiologic science professionals by advancing professional practice

NW Ohio Celebrates NRTW

The 4th Annual Northwest Ohio Imaging and Therapy Professionals Recognition Event was held in Toledo, Ohio, during National Radiologic Technology Week. The event was a success and wonderful celebration for National Radiologic Technology Week. One-hundred and twelve attendees enjoyed entertainment, refreshments, and the featured speaker, Denise Moore, M.S., R.T. (R).

The Recognition Committee is comprised of professionals from the NW Ohio community who have volunteered valuable time to recognize those in the field and promote the professions. The main purpose was to acknowledge and honor those professionals who had been nominated and chosen for excellence in seven categories. Winners of special awards are shown below.



L-R: Leadership Award, Deborah Sepanski, R.T. (R), CV, F.A.V.I.R.
Lifetime Achievement, Carol Ghareeb, RDMS, R.T.R.
Sales/Applications Specialist Award, Chris Fry, R.T. (R)
Educator Award, Inez Gorsuch, R.T. (R)
Physician of the Year Award, Robin Shermis, M.D., M.P.H. F.A.C.R.
Clinical Excellence Award, Dawn Merryman, CNMT

A Note from the Editor

Just a reminder note to go online and apply for the positions that are available as well as the grants. The OSRT is a great way to give back to your profession and also meet new friends and network with others that have similar interests.

Leisa Arnold, OSRT Editor College Graduate Thanks to my Parents

