

Ohio Society of Radiologic Technologists

Quarterly Newsletter of the OSRT

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Angie's Anecdotes

Hello OSRT Members! This is my favorite time of year in Ohio, falling leaves and falling temperatures! I hope as a part of the fall season all of you enjoyed a wonderful National Radiologic Technology Week and had an opportunity to celebrate yourself as a radiologic sciences professional. NRTW gives us all a dedicated week to promote ourselves to patients, other healthcare professionals, and the general public hopefully you all took the opportunity to sing your own praises as a professional!

Since the close of the 2015 Annual Meeting, The OSRT has been extremely active on social media. At this time Facebook and Twitter are our main social media outlets but we are also working to add others such as LinkedIn, YouTube, etc. Please take a minute to follow us on Twitter @TheOSRT and like us on Facebook at The Ohio Society of Radiologic Technologists. The website has also been a wonderful way to communicate with our members and the general public so if you have any questions regarding deadlines, events, etc. please check out the website at www.osrt.org and I'm sure you'll find the answers there!

The OSRT Board held a membership retreat on October 17, 2015 at Mohican State Park and Lodge. The purpose of this retreat was to brainstorm ideas on how to increase membership, increase retention of current members, increase the number of members with credentials other than radiography, increase the number of educational programs participating in the OSRT Annual Meeting, and to look for ways to improve member benefits, professional educational opportunities, etc. Please email any suggestions you have regarding membership issues to me via the OSRT website or the Executive Secretary, we welcome all ideas!

Angie Arnold-OSRT President



Tech Talk by Lizzy Hemme, BRST, RT (R) (CT)

What is your name, job title, educational background, and credentials? Leisa Arnold, MHA, RT, (R) (M)-Clinical Instructor, Clinical Education Coordinator.

How would you describe the facility in which you work? Southeastern Med is a community hospital and it ranks high scores among it's Press Ganey respondents. The majority of patients comments center around the friendliness of the staff, which is one of our biggest compliments.

- What does your job entail? My job involves overseeing the clinical portion of radiology students affiliated with Zane State College, reviewing the employee's timecards, communicating within the hospital and physicians' offices, overseeing and management of the Imaging EMR module, serving on the customer service team, and anything else that falls onto my desk (insert laugh here).
- Why did this type of work interest you? When I graduated from High School, I reviewed the college catalog and thought, "Gee that looks interesting!" little did I know...
- How did you get your present job and what kind of experience and preparation helped you the most? I was appointed my current job which has turned into a rewarding career. I started as an afternoon tech, then onto interventional, mammographer, and student evaluator.
- **Could you describe one of your typical workdays for me?** I really don't have a typical day. I start off my morning by managing where staff needs to report, reviewing timecards, speaking with students and rounding in the department; my day can end with reviewing a patient's bill and the CPT codes attached to it to promoting services offered by the department.
- What do you think the most important skills and abilities are for this position? Of course technical ability is my first choice but you also have to be a great communicator and have patient/customer service skills otherwise known as manners.
- What parts of your job do you find most challenging? I have to remember to remain calm. If I become upset then generally others around me will become upset as well, calmness produces calmness.
- What do find most enjoyable or rewarding? When I see a new student pass a clinical competency and they realize they can do it!
- **Describe a satisfying or meaningful experience that you have had during your career.** Probably the most meaningful experience I have participated in is the named grant for my parents (James & Audrey Horton) for the OSRTER Foundation.
- What changes do you see occurring in this field (your specialty specifically) during the next few years? Mostly it is more technical and automated than when I started and I see it only continuing in that respect. I see communication skills being even more important than ever!
- What suggestions do you have for an individual wishing to enter this field? Honestly learn as much as you can about everything and image everything you have an opportunity to image.
- **Are you a member of any other professional clubs, associations or organizations?** I am a member of the OSRT and the ASRT and have been actively involved for many years.
- Why is your involvement with professional organizations important? I think professional organizations are more than just a membership; they are a direct link to your professional peers!



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One day I woke up and realized that I was unhappy with my work. I was burnt out and I knew I needed something more in my life. It only took me 3 months –insert sarcasm- to figure out I needed to go back to school. I spent the next few weeks assaulting myself with questions about the costs (mental, physical and financial), the sacrifices (sleep mostly) and my own ability to handle such an undertaking. What should I do? Would I be able to get into college? Could I afford it? Would I be supported? I knew my family would be there, but what about the rest of the world?

After the utter shock of being accepted into The University of Cincinnati's Advanced Medical Imaging Technology (AMIT) program, I started looking for ways to become more involved in my chosen field and perhaps find an outside support system.

Enter the American Society of Radiologic Technologists (ASRT). I signed up initially, because they have *amazing* scholarships and I was enticed by the idea of the Student Leadership Development Program (SLDP). I figured that since I was in the ASRT why not join the OSRT, right? And since I was signing up, why not apply for the SLDP. No way I was going to get it, but what could it hurt to apply? It was one of those random and not fully fleshed ideas that squirmed its way into my head.

I never expected that one thought, one single thought, would lead me to enjoy the warmth, support and encouragement of people down the street and across the country. I have been overwhelmed with kind words, well wishes, sage advice, and pats on the back by the members of the OSRT and the ASRT. I have been given tools to help me succeed. I have been given access to a wealth of knowledge.

I never imagined that little me, from Cincinnati, would be invited to attend the SLDP (I almost had an aneurysm when I got the call!) and it never occurred to me that the men and women that make up the ASRT and the OSRT would accept me into their midst's. It's humbling, exciting, powerful and wonderful all at the same time!

The SLDP is an experience that will stay with me until I shed my mortal coil. Let's hope that's a long way off, shall we? I still reflect on what I learned there and I look back on the phenomenal people I met. My hope is that one day, someone, somewhere will feel just like I do right now and they will feel supported, encouraged and welcomed BY ME. The best way to enjoy the gifts I've been given is to share them and that's exactly what I plan to do.



This & That

The OSRT Education Committee held an open forum on September 25 to discuss the newly proposed ARRT exam content and clinical requirements. Over 28 educators from four states gathered for our discussion. The OSRT Education Committee would like to thank all of those that participated!

The OSRT Education Committee





OSRT VISION

The OSRT will be the voice of Ohio medical imaging and radiologic science professionals.



OSRT MISSION

The OSRT will advocate for medical imaging and radiologic science professionals by advancing professional practice to enhance the quality of patient care.

The Foundation Corner

This is just a reminder when you start your holiday shopping on Amazon The OSRT Education & Research Foundation is partnered with the Amazon Smile program. When you make a purchase on Amazon.com part of the proceeds will be donated to The Ohio Society of Radiologic Technologists Education and Research Foundation. Amazon will make a donation of 0.5% of the purchase price of almost any item to the charity of your choice. There is no cap on the amount of money Amazon will donate and there is no additional cost to the consumer. So the next time you visit Amazon, please select The Ohio Society of Radio-<u>logic Technologists Education and Research</u> **Foundation** in order for the foundation to receive your donation to help others achieve their dreams! Thank you from the OSRTERF!



A Note from the Editor

This month we are testing a new format for Cardinal Rays and I would love to hear your feedback on the layout! Please contact me

<u>llarnold@seormc.org</u>

Thanks!

Leisa Arnold

Cardinal Rays Editor