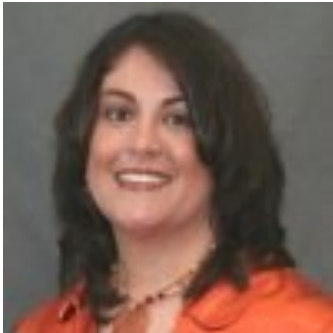




Ohio Society of Radiologic Technologists

Bimonthly Newsletter of the OSRT

March/April 2017 • Volume 43 • Issue 6



Lauren's Letters

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I can't believe that this year has passed by so quickly. I have many reflections on my year as President, and as I was thinking on these I remembered lessons my Dad taught me growing up. He used to take me to his work when I was younger to help around the office. My duties included dusting, cleaning windows and blinds, helping sort files, and vacuuming. Obviously being a young teen with these duties did not enthuse me. However, my dad inspected my work at the end of the day and if it wasn't up to par, I had to do it again. After several second attempts at getting all the dust off of the window blinds my dad sat me down and said, "You have to take pride in your work, even if it is a menial job you really don't like. If you take pride in your work, you'll take the time to do the job right the first time and not half-way. If you do it half-way, it's a reflection of you". At the time, and with lots of eye rolling, I didn't understand or appreciate that he was teaching me a sense of pride in my work and good work ethics. At the same time my Mom became my role model of putting others before yourself and that it's important to be a dependable person.

Fast forward twenty years (or so....), and I now understand the importance of these life lessons. I want to share that message with my fellow technologists, and I hope that each of you are taking pride in your profession and always putting your patients first. Individually you can show your patients and other health professionals that you have pride in your career as a technologist. Together, we can send the message that we are professionals. Collectively we have the power to change how others see us. Over this next year, I would ask that each of you reflect upon why you made the decision to become a technologist. I want you to remember the enthusiasm you had when you were a first-year student, eager to perform your duties. Bring back that enthusiasm to your career if it has faded. Be a role model for future students, so they know what professional pride looks like.

I want to let you all know that it has been a pleasure serving the membership as President.

With pride,
-Lauren

Congrats to these OSRT members on their new leadership roles!

Incoming Board of Directors: **Cindy Davis, Donna Endicott, and Christine Gialousis**

Incoming Student Director: **Jessica Bates**

Incoming Student Interns: **Rebecca Jones, Brandon Rapp, and Josef Steinbrunner**

Formal introduction with photos will be included in the next bimonthly newsletter.

Congrats to these Ohioans on their positions within national professional organizations!



ASRT Alternate Delegate 1, Education
Heather Moore, M.Ed., R.T.(R)
Loveland, OH
Program Director, Allied Health Department
University of Cincinnati



ASRT Delegate 2, Magnetic Resonance
Kristin Seitz, R.T.(R)(CT)(MR), MRS
Dublin, OH
MRI and CT Technologist
Ohio Health Westerville Medical Campus



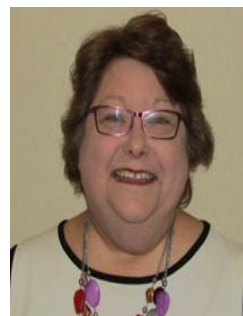
ASRT Alternate Delegate 2, Nuclear Medicine
Lucas Gross, M.S., R.T.(N), CNMT, NMTCB (CT)
Findlay, OH
Instructor, Nuclear Medicine Department
The University of Findlay



ASRT Alternate Delegate 1, Radiography
Tiffany Roman, R.T.(R)(CT)(MR)
Cincinnati, OH
Assistant Professor and Clinical
Coordinator, Allied Health Department
University of Cincinnati



ASRT Delegate 1, Sonography
Debra Myers, M.Ed., R.T.(R), RDMS, RVT, RDCS
Marion, OH
Director of Medical Imaging Program, Allied
Health Department
Marion Technical College



AEIRS Director-at-Large
Julie Gill, R.T.(R)(QM)
Ashville, OH
Department Chair, Program Director of
Radiation Science Technology, Professor
University of Cincinnati

Tech Talk with Lizzy

What is your name, educational background, credentials (including degree and certifications), job title? Tiffany Roman, MAEd., RT(R)(CT)(MR)- Assistant Professor and Clinical Coordinator Radiologic Technology Programs and Bachelors of Radiation Science Programs, University of Cincinnati Blue Ash College. I have an Associates in Radiologic Technology from the University of Cincinnati, Bachelor's in Health Professions with an emphasis in CT and MRI from Kettering College of Medical Arts, and a Masters in Adult Education with an emphasis in Distance Learning from the University of Phoenix.

What does your job entail? I oversee the clinical portion of the Radiologic Technology Program at UC Blue Ash, which includes all the clinical placements, overseeing students while in clinical, maintaining a relationship with the technologists and managers at the clinical sites, following up on any clinical issues, evaluating students, keeping up-to-date student records. I also teach several of the classes in the Radiologic Technology Program and Bachelor of Radiation Science.

Why did this type of work interest you? Since I was once a Radiologic Technology student I have always wanted to teach. I had very good instructors in the Rad Tech Program that were very passionate about the profession and worked tirelessly to promote the profession and inspire students to graduate extremely competent Radiologic Technologists.

How did you get your present job and what kind of experience and preparation helped you the most? I started as a clinical instructor in the program, while working as a clinical instructor a faculty position opened, I applied, and got the position. I feel that every opportunity and really every interaction I have had as a Radiologic Technologist helped prepare me for this position. I have been very fortunate to work in many different areas of the profession, include staff technologist, applications specialist, clinical instructor, and now the clinical coordinator and assistant professor.

How many hours do you work in a typical week? About 50-60.

Could you describe one of your typical workdays for me? My days can either start in the clinical setting or in the office. When in the office I rotate through the various rotations, working with the students, I assist or observe while they are working with patients, I practice positioning with them, I interact with staff technologists, and I make sure the students are on track with semester requirements. I then head to the college to answer emails and prepare for the lectures I might have that day. After lecture, I answer email, attend meetings, or sometimes will head back out the clinical sites. I then will head home, have family time, and then sit down at my computer to prepare for the next day.

What do you think the most important skills and abilities are for this position? Patience.

What parts of your job do you find most challenging? All of it, no day is ever routine, you never know what email, page, phone call you are going to get. One of the most challenging parts for me is stepping away. This "job" can be 24 hours a day, especially with distance learning. I am learning as my career progresses, that stuff will keep, and sometimes there is nothing you can do at midnight to solve the situation.

What do find most enjoyable or rewarding? Working with past students in clinical sites and watching them interact with the students, helping them to learn.

Describe a satisfying or meaningful experience that you have had during your career. The emails and letters from graduates thanking me for helping them through this difficult program. I also find it rewarding to work and serve the organizations like the OSRT, ASRT, and AEIRS to help further the profession.

Where would you like to see yourself in five years? Well, this year I go for promotion and tenure, so time will tell, but I hope to be the Program Director and teaching in the Rad Tech program at UCBA.

What do you wish you knew (but didn't) when you first contemplated this career? I am glad that I didn't really understand what I was getting into when I decided. Everything that has happened since I became a Radiologic Technologist has influenced both my personal and professional life. I can honestly say it was the best decision I ever made.

Describe your membership in professional clubs, associations or organizations? I belong to the American Society of Radiologic Technologists (ASRT) where I serve on the Sub-committee for RT Advocacy and I am an alternate Delegate for the Radiography Chapter. I am the co-chair for the Educational Resources Committee for the Association of Educators in Radiologic Sciences, and I serve on multiple committees for the Ohio Society of Radiologic Technologists (OSRT).

What do professional organizations (like the OSRT) do for our profession? They advocate and advance the imaging professions. They educate legislators on the need for licensure within the imaging profession. They work to develop and administer educational programming to help technologists meet continuing education requirements and continue to graduate gold standard professionals by continuously reviewing, evaluating, and revising the educational curriculums to include the latest advances in the profession.

What have you done for the OSRT? I have served in many capacities. I have attended RT in DC, I have served as the Co-chair of Marketing and Sales for the past 3 years, I served on the Health Policy Committee, I have attended Radiation Generating Meetings to advocate for licensure for Computed Tomography, and I have served on the board for 3 years.





Ohio Society of Radiologic Technologists

Bimonthly Student Edition

March/April 2017 • Volume 16 • Issue 6

Hello, Students! Can you believe we are finally over the peak of this mountain we call school, cruising on the down slope and getting ready to finish out this year's program experiences as first and second year students? I do not know about you, but there are days it just doesn't feel real to me. For half of us, things are about to get real as we become peers with the technologists that have been in our shoes before us; which is exciting and stressful all in one, while the rest of you first year students are getting ready to be leaders to all the students eagerly waiting to pursue their dreams by stepping into the last year of your lives. Either way, change is coming, and it feels good!

On that note, it is that time of year where your current student leaders pass their responsibilities onto a new select group of interns. While all of the applications were outstanding again this year, only four are selected. Through a series of essays, these students took the time to convey to the judges their desire to become better leaders for this profession. With that being said, it is my honor to announce your Student Leaders for the 2017-2018 school year: Sinclair Community College, Jess Bates (Student Director) and Josef Steinbrunner; Aultman College, Rebecca Jones ; and OSU, Brandon Rapp. Please take a moment when passing them during the conference to congratulate them!! They are YOUR voice and a direct connect to the OSRT when information is needed to be passed along to the students throughout the school year.

As you know, the Annual OSRT meeting just past. We - your student leaders - were so very excited to meet you and share our OSRT experiences, answer the questions you had about this organization, membership, volunteering, and networking, and introduce you to your new incoming leaders. There were quite a few things happening such as, numerous lectures and the mock registry, poster board contests and Quiz Bowl, and informational booths to visit, plus a silent auction. Speaking of the contests - Quiz Bowl brought a lot of you to the conference this year, but as you made your rounds, we appreciated the moments taken during the conference to stop by and look at what your peers have done for the different contests that were held. They worked hard and deserved our support! As for Quiz Bowl... in case you weren't aware, there were fourteen teams this year! That's fourteen teams possessing a ton of knowledge, battling it out for that traveling trophy! We know each team worked hard, and we were glad to support you on your day!

With this being my last article to you please remember, no matter which role you are getting ready to fulfill at the end of this school year, do it with a sincere heart and never forget those you have met along the way. Use the connections you have made in school, your clinical settings, and through the OSRT to help you succeed - and never forget why you chose this profession! We are tough people with kind, compassionate hearts ready to make a patients day better than it was before they arrived to us! We will soon become Radiology Technologists, and we will always have the ability to make a difference in our patients' lives and our profession!! Every year this organization strengthens in numbers and commitment because students like yourself are taking such an active interest in your profession prior to and after graduation. It is our hope you will see and feel this as you attend this year's annual meeting and will leave with a desire to continue supporting the profession you have worked so hard to be a part of.

Go EVERYBODY!

Tina Manger, Student Director



The experienced and dedicated men and women that lead our organization work very hard to make sure that our jobs and our field remain untouched by government policy. This is not possible without a supportive membership, so please spread the word to your student, technologist, professional, and education colleagues. In addition, the OSRT provides you with some of the greatest networking resources, health policy information updates, opportunities to meet other professionals, continuing education and so much more! Visit it our website for more info!

The Foundation Corner

The Mission of the OSRTERF is to fund students and professionals engaged in education and research to promote the highest quality patient care. The Foundation's Vision is to promote professional excellence through scholarly pursuits across the radiologic science practice arena in Ohio. To encourage those pursuits, the OSRTERF funds educational grants and competitions each year, with judging and awards at the OSRT Annual Meeting. **One of our most productive and entertaining Fundraisers is the Foundation Silent Auction at the Annual Meeting.** What started as a basket auction has expanded over the years to include foods, wine, jewelry and objets d'art. Thanks for your participation!

Sheryl Bacon
Chairperson, OSRTERF



Thanks to you, our dedicated members, for your continued support!

Do you have a topic you would like to see included in the next edition? Send it in so others can hear your voice!

OSRT VISION

The OSRT will be the voice of Ohio medical imaging and radiologic science professionals.



OSRT MISSION

The OSRT will advocate for medical imaging and radiologic science professionals by advancing professional practice to enhance the quality of patient care.

We would like the membership to notify us of any members who have passed away during the last year. Any information on the technologist would be appreciated.

Please send notice to domrt62@yahoo.com.

Thanks in advance,

Deborah O'Mellan, R.T.

A Note from the Editor

Hello readers!

I am finishing up my first year as the editor of the *Cardinal Rays*, and I would like to hear from you! The information we provide through this outlet is for you, and as such, your feedback is important.

All OSRT members are encouraged to submit an article to include, so if you are aware of something that is upcoming or interesting, forward it on to me, even if it is just a idea.

Thanks for reading! As always, I welcome feedback or suggestions for improvement.

Please feel free to contact me: e_hemme@yahoo.com (Please note: my email has changed.)

Thanks!

Lizzy Hemme

Cardinal Rays Editor

