

CARDINAL RAYS

Newsletter of the Ohio Society of Radiologic Technologists

NEWS & FEATURES

Gabbing with Gary
PAGE 1

OSRT Nominations / NRTW
PAGE 3

Meet the Board: Kristin
PAGE 4

Student Spot
PAGE 5

OSRT Student Director
Program
PAGE 6

From the Danube to Dayton
PAGE 7

Rapid Review
PAGE 9

Words of Wisdom
PAGE 12

Foundation Corner
PAGE 14

News Flash
PAGE 15

ASRT / ARRT News
PAGE 16

Gabbing with Gary

Hello to all of you,

It's now entering the holiday season. Time to think about family and count the things that you are thankful for during the year and every year. One of the things I'm thankful for is you! I am thankful for your continued support through the very stressful and unprecedented times we live in. Together, we can make it through this crisis of the pandemic. We will make it. It will come to an end. I'm hopeful to think during these times, you had time to reflect on what is really important in your life. What really matters to you and learned how to separate those things that really do not matter.

Life is about choice and decisions. I want to ask you to make a decision today. I want to ask you to run for the Board of Directors of the OSRT. You have the opportunity to impact decisions and help the OSRT enter into a new golden age. YOU. Yes you, can move the organization forward.

Gabbing with Gary (continued)

I am asking you to think about what great ideas you could bring to the organization. What can you do to work with us to make things better for technologists in the great state of Ohio? You hold the power in your hands today to make that change. Stand with us and make a difference.

In closing, please keep in mind that we will have our OSRT Annual Meeting in April 2022 and it will be in person at the DoubleTree, in Worthington, Ohio. I want to see you in Worthington and say thank you for believing in us and our organization.

Enjoy time with family and friends over the holidays. Time is so very short, make the most of it.

Thank you,

Gary

"You have the opportunity to impact decisions and help the OSRT enter into a new golden age."

Gary Greathouse
OSRT PRESIDENT



OSRT NOMINATIONS ARE OPEN!



Are you or someone you know passionate about the medical imaging and therapy profession? If so, please consider submitting a nomination for the Ohio Society of Radiologic Technologists' Board of Directors.

The OSRT is now accepting nominations for Director-at-Large (2022-2025 term), President-Elect, and Technologist of the Year.

The deadline to submit a nomination is January 15, 2022. Questions can be directed to the OSRT Executive Office.

Click here for eligibility criteria for Director-at-Large and President-Elect or to nominate someone today!

Join the OSRT for NRTW!

It's a Virtual Scavenger Hunt!

OSRT Members who participate will be eligible to win prizes at the end of the week. Check out the OSRT's social media starting Monday, November 8!

Monday

- Post a photo of your department or program (the more people, the better!)

Tuesday

- Post a selfie with your favorite radiologist

Wednesday

- Post a selfie with your favorite coworker

Thursday

- Post a selfie with one of your students

Friday

- Post a photo of your #NRTW21 celebration

The OSRT would also like to honor our military Veterans on November 11, which is during NRTW. Please submit photos/bios of technologists who have served in the military no later than November 8 to the OSRT Executive Secretary. All entries will be entered in a prize drawing.

Thank you to our Veterans and those who are currently serving!



MEET THE BOARD

Kristin Seitz

Please meet Kristin Seitz, BSMI RT(R)(MR)(CT)MRSO(MRSE™). Kristin is an MR/CT Technologist and MR Safety Officer at OhioHealth in Columbus. She currently serves as an OSRT Board Director-at-Large, Social Media Committee chair, a member of the Strategic Planning work group, and a member of the Membership Committee.

How did you first get involved with the OSRT?

Like many Ohio technologists, I attended the OSRT Annual Educational Meeting as a student, but my participation dwindled when I started my career and later, my family. Several years ago, I met Emilee Palmer - then President-elect of the OSRT - who encouraged me to become more active in my profession. I joined a couple of committees and before long, I was nominated as a candidate for the Board of Directors.

Tell us a little bit about your journey with the OSRT.

I am currently serving my second 3-year term on the Board of Directors. I have also had the opportunity to Chair the Advocacy Committee and learn about how much goes into protecting our profession and scope of practice. Attending many board meetings has given me a great inside view of what it takes to keep a state affiliate active and relevant. I also learned that the OSRT is well-respected among other state affiliates when I attended the ASRT Annual Governance and House of Delegates meetings. When other representatives find out you're from Ohio, they immediately start asking about how we've survived. While other affiliates have seen their membership and influence dwindle, Ohio has remained strong at both the state and national levels.

What are you looking forward to while serving as an OSRT board member?

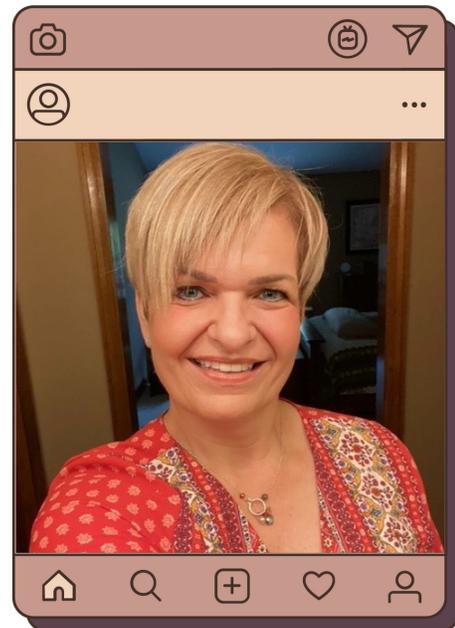
I am excited about the work we're doing for the upcoming strategic plan. I'm learning the importance of setting priorities and focusing our energy and resources to provide what our members want and to help plan for the future by attracting new members. The COVID-19 pandemic forced us to think about how we do things. We've been reactive to our current situation but moving forward we need to be proactive. We're planning some exciting changes that will help us better serve our membership.

What do you hope to achieve as an OSRT board member?

I'm hoping to learn more about the structure and function of the OSRT. Even though I've already served one term, I feel like I'm just starting to find my groove. I'm also interested in the relationship between the OSRT and other professional organizations and Ohio lawmakers. It's so important that our state lawmakers know who we are, what we do, and how our education prepares us to best protect our patients. Other professions have been trying to expand their scopes of practice and in turn, encroaching on ours. However, radiologic technologists are uniquely educationally prepared and clinically competent to best care for our patients.

Any personal notes want to mention?

Serving on the OSRT Board of Directors has given me the confidence to serve our profession in other ways also. I am Vice Chair of the ASRT MR Chapter, a board member for the American Society of Magnetic Resonance Safety, and a moderator for the MRI Safety Facebook group - a closed community of 25,000+ members from all over the world. When I'm not representing technologists, I can be found cheering for the Columbus Blue Jackets at Nationwide Arena or planning my next trip to visit my son in New York City.



Student Spot!



Student Cardinal Rays



Happy Fall Y'all

As you read this article, I hope you are enjoying a nice warm cup of coffee, the sound of the leaves blowing in the wind, and your favorite pair of sweats. As much as I love summertime, I know that I am ready for the comfort of some cool air. Some personal updates are that I got a new job at my gym working the front desk which is very convenient for me in many aspects! I have also sadly recently lost my 96-year-old Baba. She was an absolute angel on Earth, and I miss her dearly. Another interesting update is that I may be getting to go on a trip to NYC with my mom and some family friends over winter break! It'll be my first time to the "big apple", and I couldn't be more excited.

In this issue of Student Cardinal Rays, I wanted to provide some insight for our first-year student members on why they should apply for next year's Student Director position! The past 6 months as the OSRT's Student Director have been so eye opening, rewarding, and informational. When I was selected for this position, I didn't know the relationships I would gain and that I did so quickly and have learned so much about my future career. Benefits of the Student Director program include mentoring relationships, attending events, and participating in Board meetings. The Leadership Academy is another great benefit on how to become a better leader for not only yourself, but also for the organizations and companies that you'll will work for someday. That meeting was very informational and was a highlight of this position so far. It taught me to work independently in ways that would make me successful for me and for my coworkers. It also gave me the opportunity to work with people in smaller groups, some of those who I had never even met before. As a Student Director, I feel as if it is important for this person to have strong communication skills and is not afraid to engage in some tough discussions.

Another fun aspect of this position that I have really enjoyed was being apart of some of the OSRT committees. I am a member of the Advocacy and the Social Media committees. At the beginning of your role as Student Director, you will list which committee(s) interest you and could possibly be assigned to those specific committees to help grow the OSRT. That is what's so great about an organization like this, there is always room to move forward, and everyone is always open to new ideas. That is one thing the OSRT is so good about incorporating. They are so interested to hear from the student's perspective. The OSRT works hard not only to protect the imaging professionals throughout Ohio, but also be a source of guidance for students. Having the student's best interest at heart is key when making some important choices in meetings.

Student Spot!



Student Cardinal Rays



Happy Fall Y'all

I highly recommend any first-year student reading this to apply for this program. Within 6 months I have learned so much, and I can already tell the next 6 are going to be full of even more useful information for me. With that being said, if anyone has any questions for me regarding the Student Director Program, I would love to be of help. I also hope all of you are prepping for this year's National Radiologic Technology Week scavenger hunt on our social media platforms!

Yours Truly,

Marissa

Marissa Yourstowsky
Student Director
student@osrt.org

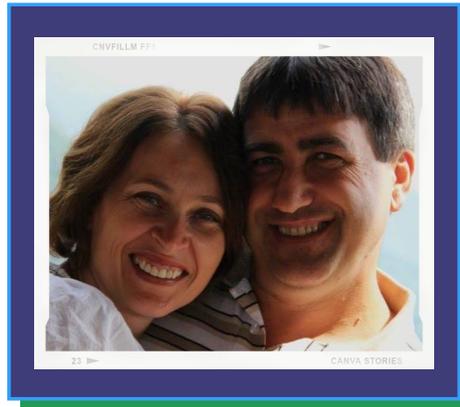
ARE YOU THE NEXT OSRT STUDENT DIRECTOR?

The OSRT is now accepting applications for the OSRT Student Director Program! This great program allows the selected student to gain valuable leadership skills, collaborate with other students and technologists throughout Ohio, participate on OSRT committees, and to begin their involvement in the profession. Due to the commitment from April 2022 through April 2023, this program is open only to OSRT student members in their first year of a primary imaging or therapy program.

Interested students can learn more and apply through the [OSRT Student Director Program page](#). Applicants will need to be an OSRT student member prior to completing the online application and a letter of support and acknowledgement of student involvement from their Program Director must be sent to the Executive Secretary prior to the deadline. **The deadline to apply is January 15, 2022** and the selected student will be notified about their acceptance status by January 31. Application does not guarantee acceptance to the program.

If you have questions about the program, please contact the Executive Secretary at osrt@osrt.org.

FROM THE DANUBE TO DAYTON: DR. IONESCU'S JOURNEY



My name is Tuta Ionescu and I am a resident of Waynesville, Ohio. I am also a wife, mother, radiographer, and college professor. For those who know me, you might agree that I am also a very independent woman. My independence and the ability to navigate life with fierce expediency, resulted from the combination of an early marriage and immigrating to the United States at the age of 18. I never truly had the time to think too long about my early life decisions; they simply happened as led by God and circumstances. What I had time to think about, is how each singular decision impacted my life and the trajectory of my profession.

I am a native of Romania. I am the youngest of three daughters, born and raised in the rural area of a country surrounded by the beauty of the Danube, the magnificence of the Black Sea, and the majesty of the Carpathians. I grew up in a community of people who did not think of Transylvania and Dracula's Castle as a natural pathway to the vampire world. Rather, I grew up as the proud descendant of the Dacian people, one of the largest military powers of Europe during the early times of Vlad the Impaler.

I was also born and raised in Communism. I am extremely aware of the inequalities of life and the unfairness of living in a corrupt system. Success was rarely dependent on one's talent or abilities, and wealth was usually a benefit reserved for people with low moral standards. Coming to the United States presented me with opportunities I never dared to dream of while in Romania.

Not completely clear on the reason why (perhaps the aging of the baby boomer generation) the United States decided to allow ten thousand immigrants or so each year (for ten years) from Eastern Europe. From Romania, during the first year of the "visa lottery", three thousand people received clearance. Daniel and I were part of the initial group. No monetary reward, no help with living arrangements, no provisions for English classes, and no job security were offered. However, it was sufficient that each incoming alien resident qualified to receive a social security number and a green card. For Daniel and I, we did not speak any English, nor did we have money but we were young enough to have some hope, a lot of passion, and good work ethics.

FROM THE DANUBE TO DAYTON: DR. IONESCU'S JOURNEY

We did get jobs in factories for the first few months and worked full time in the cleaning industry until very close to graduation. English was a constant challenge for the first year of college but we persisted and it eventually paid off. We both shared one frustration: not speaking English did cause a handful of people to confuse the obvious language barriers with the power of our intellect. Although adjusting takes some time, foreigners, too, can thrive, are gifted, equally capable, and willing to work hard to succeed. In 2000, five years after our arrival, we qualified to apply for citizenship and in 2001, we became American citizens.

I quit high school before I came to America. Still, I did complete my GED and graduated from Sinclair Community College (SCC) at the age of 21. Obtaining my associate degree was not only the beginning of a beautiful profession; it also laid the foundation for a lifetime of learning and gratitude. Going to school at a community college allowed me to get the help I needed, the opportunity to be mentored by exceptional faculty, and provided me with an environment where friends helped friends regardless of their background, gender, or nationality. SCC is where I started dreaming or started to believe that I was smart enough to be successful. Sinclair is partially the reason why I did continue my education, eventually completing my doctorate degree at the age of thirty-one. In hopes that I can pay it forward, no different than what others did for me, I chose to graduate with a doctorate in Educational Leadership with Specialization in Curriculum Design and Class Instruction. And, as expected, I started working in higher education enacting my dream of helping others achieve their own professional goals.

I currently work as Program Director for Radiologic Sciences and Imaging at Kettering College in Dayton. The college is part of an extensive network of hospitals and outpatient centers, Kettering Health. I also function as the Service Learning Honors Program Coordinator for the college, chair of the Collegiate Life, Promotions, and Service Learning committees, team chair and site visitor with the Joint Review Committee of Education in Radiologic Technology, as well as active participant in multiple student success and civic activities in the Dayton area.

We all have had very different walks of life and will always face new challenges that force growth and change. Regardless of who you believe yourself to be, you can foster a fighting spirit to push yourself through any obstacle. Know what you expect out of life and allow lessons of struggle to guide you. Give yourself credit and praise for every small step. After all, there is no way to get to the finish line without the journey. Be brave, be bold, and fully be yourself. Do ask for help and use support offered to you while being someone else's support in return. Move fast and be relentless in your pursuit of excellence. Believe that others, too, can win the trophy or share your own. Be brave!



Regardless of who you believe yourself to be, you can foster a fighting spirit to push yourself through any obstacle. Know what you expect out of life and allow lessons of struggle to guide you.

-Dr. Tuta Ionescu, EdD, R.T.(R)(CT)
OSRT member since 2015

Rapid Review: ARRT Radiography Exam Review

Patient Care - Interpersonal Communication

By Julie Gill, Ph.D., R.T.(R)(QM), FASRT

Program Director, University of Cincinnati's Radiation Science Technology Bachelor's Degree Program

Communicating with patients, their family members, and your coworkers is vital to providing quality patient care and minimizing medical errors. Communication is generally classified into two categories: verbal/written and non-verbal. Verbal communication is what is said and can include what is written in the chart, emails, or texts. Communication through eye contact, touch, facial expressions, personal appearance, and body language is considered non-verbal. It's important to recognize that we often communicate non-verbally before we communicate verbally; and we often communicate more information non-verbally than verbally! Your appearance, demeanor, and facial expressions are important when making a first impression, conveying confidence and competence, and developing positive rapport.



Communicating with others has multiple challenges. If the patient does not speak or understand English, then it is imperative to obtain a certified interpreter so that the patient can practice autonomy and make informed decisions. Cultural or societal factors may also impact communication with patients. Cultural humility emphasizes treating the patient, not the illness and includes being aware of how other's culture impacts his/her health behavior. Don't hesitate to ask about the patient's culture in a professional manner so that

you can learn about the influence of that culture on his/her care and beliefs about his/her care. Patients may also have physical or sensory impairments, be in an emotional status, or be of an age for which an accommodation may be needed. It is best to never assume what the patient needs so professionally assessing their abilities and politely asking what help is needed is imperative. If the patient is an inpatient, then you should also check the chart to learn of their fall risk and any other physical deficits.

Another challenge is communicating complex procedures by using simple terms. Medical terminology is second nature to us as professionals, but not to patients! Using simple, familiar terms, usually no greater than an 8th grade level, helps the patient to understand and feel more comfortable asking questions. Using strategies to make sure that the patient understands the procedure, informed consent, or post-procedure care can result in reducing repeat exposure, reducing patient radiation dose, increasing trust with you, and decreasing post-procedure complications. Strategies to improve this understanding include asking questions or asking him/her to explain or repeat what you've communicated. Patients are more cooperative when they understand what and how you will be doing during their procedure!

Rapid Review

Working in health care involves working with patients and coworkers who are humanly diverse. This means that we interact with people who are at every level of Maslow's Hierarchy of Needs. The psychologist, Maslow, created his pyramid of needs based upon the belief that one's most primal needs must be met for us to eventually reach our pinnacle state. The most basic needs are those that are physiological: air, food, water, shelter, sleep, sex. Once the basic needs have been met, then the next step is safety and security, followed by love and belongingness and self-esteem. The pinnacle of the pyramid is self-actualization, vitality, self-sufficiency, or meaningfulness. It is believed that only a few individuals reach the level of self-actualization. We also encounter patient's who are terminally ill and their family members. The patient and family members are likely grieving according to Dr. Elisabeth Kubler-Ross' Stages of Grieving. These stages are denial, anger, bargaining, depression, and acceptance and those grieving may be in any of these stages at any time. An easy way to remember these grieving stages is by using the acronym DABDA:



Remember that the patient or family member may lash out at you, but they are not mad at you personally! They are mad at the disease process or their circumstance. Respond supportively and let them know that you understand their anger or depression and offer to provide them with resources for coping like clergy or social services.

An important aspect of our professional practice is educating the patient about their current procedure. This should include the purpose of the procedure, what you need him/her to do, what you will be doing, the procedure length, and what happens before and after the procedure. Pre- and post-procedure instructions may include preparation, diet and medications, and discharge instructions like increasing fluid intake. To demonstrate respect and professionalism, you should introduce yourself by name and communicate that you are a radiologic technologist. You should ask the patient why (s)he is having the procedure and what symptoms (s)he is experiencing. You should then review the patient's clinical history to determine the needed age-specific care, their chief complaint, pregnancy status, known allergies, and that the procedure ordered correlates with the chief complaint. Many procedures require Informed Consent which should be legally obtained by the physician, not the technologist.

Rapid Review

Because many patients have multiple imaging procedures on the same day, it's important to be able to provide explanations about other imaging modalities. Here are some simple explanations that I have provided to patients:

| | |
|-------------------------|--|
| Radiography | Basic imaging procedures to show anatomy from the front, back, and maybe the side |
| Fluoroscopy | Basic imaging procedures that demonstrates anatomy and moving structures or materials (contrast); often involves moving into multiple different positions |
| CT | Shows anatomy from different angles to better visualize structures that may be on top of each other; shows bony anatomy very well; higher dose than simple radiography/fluoroscopy; faster than MR |
| MR | Shows anatomy from different angles; shows soft tissue anatomy very well; used magnetic and radio waves so there is no radiation dose; slower and noisier than CT; no metal allowed so there is a screening process |
| Sonography/ultrasound | Shows anatomy and physiology (blood flow, valves opening and closing, anatomy contracting); uses sound waves so there is no radiation dose; generally quicker than CT or MR |
| Nuclear medicine | Generally involves the injection of a material that has a very low level of radioactivity; a camera is used to image the substance within the patient; shows physiology very well; the radioactive substance is later eliminated by the patient (urine, stool, decay) |
| Mammography | Shows anatomy of the breasts; low dose of radiation; quick but uncomfortable |
| Bone densitometry | Very low dose of radiation to x-ray the spine, hip, and sometime the forearm to measure bone density (how much calcium is in the bones); low bone density (osteopenia or osteoporosis) is a risk factor for fractures; takes up to an hour |
| Vascular interventional | Fluoroscopic procedure that shows vessels like arteries and veins; higher radiation dose as compared to basic fluoroscopy and radiography; the procedure can be lengthy depending on the anatomy of interest and the patient will need to lay still during the procedure and for a while afterward |
| Radiation therapy | Uses very high energy x-rays or gamma rays to kill or shrink a tumor; most radiation therapy is delivered from outside the body, but brachytherapy delivers radiation from a source that is placed inside the body |

Hopefully this has provided a helpful review of the vital aspects of interpersonal communication with patients, family members, and coworkers. As patients are our most critical member of the health care team, it's important to remember to assess their condition visually and verbally, determine their fall risk and level of motor control (ambulation, sitting up, etc.), determine the need for support equipment (walker, positioning sponge, etc.) the severity of their injury if applicable, and any needed accommodations related to culture, condition, or age. Communication is key to all that we do!



Julie Gill is the Program Director of the University of Cincinnati's Radiation Science Technology bachelor's degree program and a Professor in the UC Blue Ash College Allied Health Department. She earned her baccalaureate degree in Allied Medical Professions with a major in Radiologic Technology from the Ohio State University and her masters and doctoral degrees with an emphasis in Higher Education Administration from Ohio University.

Words of Wisdom: Advice for New Technologists

By Lauren Huffman, M.A.Ed., R.T.(R)(CT)
Cardinal Rays Editor

I recently asked the educators in Ohio to provide me with some advice to pass along to new graduates who are now beginning their journey as technologists. This is the last installment of "Words of Wisdom". Thank you to all of the educators who contributed. Please enjoy!



- For the soon-to-be RT: Don't be intimidated by a different brand of imaging equipment. All imaging equipment essentially operates in a similar fashion. Each manufacturer takes the algorithm and seeks to produce a unique, and the "best" image. Pay particular attention to the exposure indices for the future of radiography is obtaining a quality image with reduced radiation exposure to the patient.
- For the new radiography student; Do not treat each clinical assignment as "school"; treat it as a job interview. RTs move around and when a vacancy exits, no matter where, RTs often comment and remember who enjoyed the experience, was competent and who was simply putting in time. If the clinical assignment ends in 20 minutes and should "I'm off in 20 minutes" come from the mouth, that is remembered. Each patient should be a learning experience and you won't be penalized for staying a few extra minutes.

-Philip W. Ballinger, Ph.D., RT(R)
Professor Emeritus, The Ohio State University

-
- Be yourself, Ohio has great radiologic science programs and produces great radiologic technologists! What sets you apart is your personality, many departments work closely together, and making sure you're a good fit is mutually beneficial.
 - Make new goals, don't underestimate yourself. You make a goal for personal life and professional life and write it down.
 - Keep practicing, keep doing a procedure until you can't do it wrong.
 - Learn from everything you do. Have you ever walked into a room and forgotten why? Pay attention to everyone when things go right, pay closer attention when things don't, you will learn how to handle challenging situations from anyone.
 - Remember, your bad day is nothing compared to your patient's bad day.
 - Be thankful for the opportunity.
 - Don't settle for okay work. Would you want your loved ones to have okay quality? Every patient should be treated like a close friend. The protocol is prescribed but your compassion is caring.
 - Join a society to stay active, you can be as involved as you'd like to be, we want to help you and have many resources available for you.
 - Integrity—Doing the right thing when no one is looking.



-Lucas J Gross, MS, CNMT, RT (N)(ARRT), NMTCB (CT)(RS)
Instructor & Clinical Coordinator, Diagnostic Services Department and Radiation Safety Officer
University of Findlay

Words of Wisdom: Advice for New Technologists



Just as when you were a student, you weren't supposed to know everything, when you begin your career, you are still learning. Don't be afraid to ask questions. You are not yet expected to know everything

- **Maureen McDaniel, M.Ed., RDMS, RDCS, RVT**
Adjunct Assistant Professor, University of Cincinnati
College of Allied Health Sciences and Blue Ash College

- Always keep learning. Technology advances really fast!
- Model positive behaviors and attitudes. Steer clear of the negativity.
- Surround yourself with positive people.
- Remember how important a good image is to your patient and their care.
- Be humble. You are going to make mistakes. Own them and learn from them.
- Put your patients first. They are the reason you are there. They trust you to do a good job.
- Smile and be kind to others.
- Your patients will remember how you treated them more than the exam you performed on them. Keep it positive.
- Those who are vulnerable need extra special care. Be patient and kind.
- Keep advancing your education and credentials, even when you don't have to. Doors will open if you show initiative.



-**Heather Moore, Ph.D., R.T.(R)**

Associate Professor, Academic Unit Head, Allied Health Department
University of Cincinnati Blue Ash College

1. Give compassionate care to your patients,
2. Find a mentor as you begin your position,
3. Mentor the students at your institution,
4. Be open to new ideas that are different from your own,
5. Avoid departmental gossip and chatter,
6. Become a leader in your department,
7. Advance your skill set ,
8. Never stop learning,
9. Be optimistic and move forward with change,
10. Advocate for your profession.

-**Gary Greathouse M.S.R.T.**
Radiologic Technology Program Director,
Lorain County Community College





Foundation Corner

Happy Fall! Cooler temperatures have finally arrived and the leaves are quickly changing colors. It seems so hard to believe that we are approaching another National Radiologic Technology Week and Holiday season. On behalf of the Foundation, we wish you a happy NRTW, blessed Thanksgiving and beautiful holiday season!

The OSRTERF Directors have been very busy, working hard at work for YOU! In line with our mission and vision, we are committed to fund students and technologists in promoting professional excellence through scholarly pursuits. With that in mind, we are so excited to announce our newest competition this year. Drum roll please...**the Case Study Presentation competition which will be making its debut this year for the 2022 Annual Meeting.**

As students and technologists in this profession, we are directly involved in numerous cases in being the “eyes” of the disease process through producing quality images. What better way to foster education than to research and present about one of those studies that interests you? We ask you to pass this wonderful news on to your fellow technologists and students. You can expect the full, detailed description and guidelines to be posted on the OSRT website within the next couple weeks. Please know that we will still be accepting and awarding grants and encourage you to apply!

The poster and essay competitions remain suspended, therefore we will not be accepting any submissions for those competitions this year. The board will be meeting again in December to continue working towards making more positive changes for the future of the Foundation.

Again, we always welcome suggestions from the membership on what we can do, as the OSRTERF, to better support our students and technologists. Please send any comments or suggestions you may have to myself at reese.2234@mail.cotc.edu. Thank you in advance! Have a wonderful end of the year. We look forward to seeing you in 2022!



Whitney Reese

OSRTERF Chairperson

**YOUR DONATION
CAN MAKE A
DIFFERENCE!**

OSRTERF Board of Directors

- Whitney Reese, Chairperson
- Deb O'Mellan, Vice-chairperson
- Sheryl Bacon – Secretary
- Terri Bruckner – Director
- Faith Todd – Director
- Ellen Johnson – Director
- Jessica Bates – Director
- Jay Ball – Director
- Judy Miller – OSRT Board Liaison

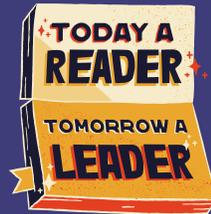
OSRT LEADERSHIP ACADEMY

The OSRT is pleased to offer the 2022 OSRT Leadership Academy that will take place on Saturday, March 12 (online via Zoom) and Sunday, March 13 (at Zane State College).

The Leadership Academy is a two-day session (12 Category A continuing education credits are pending approval by the ASRT) for OSRT members that will acclimate participants to the ins and outs of volunteering and leadership in a professional nonprofit organization.

If you have been thinking about volunteering and becoming involved, but maybe were overwhelmed with where to start, this is your perfect opportunity!

[Click here](#) for more information about the Leadership Academy or to apply.



CALL FOR VOLUNTEERS!

The OSRT is a very active organization with many volunteer opportunities for its members. It is a valuable way to give back to the profession and share your knowledge and skills with colleagues. Individuals are able to contribute time and skill-sets to support the mission of the OSRT and the OSRT Education and Research Foundation.

The OSRT is putting out a call for volunteers for the May 2022-April 2023 term.

Information about volunteering, committee descriptions, and who to contact if interested can be found on the [OSRT Volunteer page](#).

*You're
Invited!*

2022 OSRT Annual Meeting

April 7-9

DoubleTree Columbus-Worthington

Plan now to join colleagues for the 81st OSRT Annual Meeting Thursday, April 7 through Saturday, April 9, 2022 at the DoubleTree, Columbus-Worthington. You can earn the majority of your required CE credits in one weekend! Come and join us, expand your learning and socialize with fellow technologists! Mark your calendar now to join us!

Meeting and registration information will be posted to the [OSRT Annual Meeting webpage](#) by early January 2022. Watch for the next issue of Cardinal Rays for more details!

SUPPORT MARCA!

Please contact your federal representatives and senators to support The Medicare Access to Radiology Care Act (MARCA) of 2021.

"House Resolution 3657 was introduced on June 1, 2021, by Rep. Mike Doyle of Pennsylvania and Senate Bill 2641 was introduced on Aug. 5, 2021, by Sen. John Boozman of Arkansas. These companion bills will amend title XVIII of the Social Security Act to provide for payment of services of radiologist assistants under the Medicare program". (ASRT Make MARCA Law Webpage)

Click on the image below for more information from the ASRT regarding MARCA and links to directly contact your representatives!



Deadline Extended!

Applications for the 2022 ASRT Student Leadership Development Program (SLDP) will be accepted from July 1 - November 30, 2021.

The SLDP has recently undergone some changes and the deadline to submit an application is early than in previous years. Selected students will participate in the 3-year program and learn valuable leadership skills with the ASRT and OSRT, attend the ASRT Annual Governance and House of Delegates Meeting (June 23 - 26, 2022), and have great networking opportunities.

[Click here for more information on the SLDP.](#)

The ASRT Foundation offers scholarships to ASRT members. The deadline to apply is January 14, 2022.

Click the picture for a list of all available scholarships.



Bone Densitometry documents updated

The ARRT has updated the [Bone Densitometry documents](#) effective July 1, 2022.

Are you ready for your CQR?

Continuing Qualifications Requirements (CQR) is required for any credential that is earned after January 1, 2011 and for all R.R.A.s. This is a 3-step process which consists of a professional profile, a structured self-assessment (SSA), and prescribed CE.

Please visit the [ARRT CQR page](#) for information and resources. Your CQR process will begin three years prior to your 10-year anniversary of the credential being assessed. You can log into your ARRT profile to see when you are due to begin the process.

What can you do to prepare for your SSA? START EARLY!! Get the books out and study! Taking the time to review and refresh on the current content specifications of that credential will help prepare you for the SSA and might decrease the number of prescribed CE needed.

GET SOCIAL!

Click on the icons for the OSRT social media pages



OSRT Executive Office

325 Lake Vista Dr.
Zanesville OH 43701
(440)382-5607

Email: osrt@osrt.org

Web: www.osrt.org

OSRT VISION

The OSRT will be the voice of Ohio medical imaging and radiologic science professionals.

OSRT MISSION

The OSRT advocates for medical imaging and radiologic science professionals by advancing professional practice to enhance the quality of patient care.

Letter from the Editor

Thank you for taking the time to read this issue of Cardinal Rays! I appreciate any feedback that you have about Cardinal Rays. Do you like the format? Is there anything you would change?

What information would you like to read about?
Namaste,

Lauren Huffman

Cardinal Rays Editor



OSRT Board of Directors

Officers

Tiffany Roman, Senior Chairperson
Judy Miller, Junior Chairperson
Gary Greathouse, President
Shellie Warino, President-elect

Directors

Nicole Douglas
Allison Hermance-Moore
Kristin Seitz
Andy Shappell
Allison Stokes
Andrea Tschirner
Marissa Yourstowsky, Student Director