

CARDINAL RAYS

Newsletter of the Ohio Society of Radiologic Technologists

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If the temperatures weren't a clue, we are solidly into Summer. I hope you're able to work in some time for yourself during these warm and sunny months. We spend so much of our time and energy caring for the patients in Ohio that it's easy to forget to care for ourselves. Many of us are working under less-than-ideal circumstances – staffing shortages, taking on extra hours, extra call, training travelers, etc. Remember to be kind to yourself. One of my favorite self-care quotes is from Katie Reed: "Self-care is giving the world the best of you, instead of what's left of you."

For me personally, this is the first summer in 4 years that I haven't been taking classes. Instead, I'm packing and moving to my new home. I'm still in Central Ohio, just a little closer to many of my favorite places. Packing up 18 years' worth of 'stuff' is not for the faint of heart!

Along with several other OSRT members, I had the privilege of attending the 2024 ASRT Annual Governance and House of Delegates Meeting in Orlando June 27-30. The House of Delegates is the legislative body of the ASRT and establishes professional standards of practice. It is comprised of chapter and affiliate voting delegates, with 168 potential delegates – 60 chapter delegates and 108 affiliate delegates. President-elect Allison Stokes and I were proud to represent the OSRT, while several other members represented their respective chapters.

The business of the House concluded with our own Dr. Heather Moore being installed as 2024-25 ASRT President. The HOD meeting is a great reminder of Ohio's reputation at the national level. When I tell you that Ohio is EVERYWHERE at the HOD, I mean that we are EVERYWHERE. Buckeyes were there representing the OSRT, ASRT, ARRT, and JRCERT. establishes professional standards of practice. It is comprised of chapter and affiliate voting delegates, with 168 potential delegates - 60 chapter delegates and 108 affiliate delegates. President-elect Allison Stokes and I were proud to represent the OSRT, while several other members represented their respective chapters. The business of the House concluded with our own Dr. Heather Moore being installed as 2024-25 ASRT President. The HOD meeting is a great reminder of the reputation Ohio has at the national level. When I tell you that Ohio is EVERYWHERE at the HOD, I mean that we are EVERYWHERE. Buckeyes were there representing the OSRT, ASRT, ARRT, and JRCERT.

At the ASRT HOD, I was able to have personal conversations with ASRT CEO Melissa Pergola, ARRT CEO Liana Watson, JRCERT CEO Leslie Winter, AND the actor featured in the ASRT "Be Seen" marketing campaign, Michael Benzaia. Michael is a registered radiographer and CT technologist and was inspired to begin his career in medical imaging after his mother was diagnosed with breast cancer when he was young. These opportunities would not have been available to me without volunteering with the OSRT. I'm so thankful for my friends and mentors 'encouraging' me to get involved. If you're thinking about volunteering with the OSRT and aren't sure where to start, check out our volunteer portal at <a href="https://www.osrt.org/memberships#osrt-needs-you-volunteer-now-needs-you-vol

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One of the topics of conversation at the HOD was the newly published White Paper From the 2024 Consensus Committee on the Future of Medical Imaging and Radiation Therapy. In order to address the current workforce shortages and identify feasible solutions, including new career pathways in medical imaging and radiation therapy, the American Society of Radiologic Technologists (ASRT), the American Registry of Radiologic Technologists (ARRT), and the Joint Review Committee on Education in Radiologic Technology (JRCERT) hosted the Consensus Committee on the Future of Medical Imaging and Radiation Therapy, Feb. 19-20, 2024, at the ASRT office in Albuquerque, New Mexico. Forty-five leaders representing 15 organizations in medical imaging and radiation therapy participated in the meeting, including managers, educators, clinicians from each of the imaging and therapeutic disciplines, industry representatives, and physicians. The White Paper represents the findings of this meeting and can be found here: https://www.asrt.org/main/newspublications/research/white-papers



Back in Ohio, our 2024 Leadership Academy was held June 21st and 22nd. We are excited to see what these new leaders can do! They have already presented many fresh ideas on how we can improve the service the OSRT provides its members.

Finally, registration for the 2024 OSRT Annual Meeting is open! The meeting will be held at Zane State College in Zanesville on September 20th and 21st. Meeting and registration information can be found at: https://www.osrt.org/2024-annual-meeting

That's all for now! Enjoy your summer, and I hope to see everyone at the Annual Meeting!



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Annual Meeting September 20-21

Please join us for the 2024 Annual Meeting on September 20th and 21st at Zane State College in Zanesville. You'll earn 14 CEs as you participate in presentations on topics such as The Value of Advocacy, Helping to Save Lives Through Organ Donations, Transcatheter Aortic Valve Replacement, Pediatric Fluoroscopy, Ohio Medical Radiation Events, and The Role of Interventional Radiology in Variceal Management. Check out the meeting brochure for the full schedule.

There will be lots to share and learn and new colleagues to meet! Vendors will offer employment opportunities and equipment purchases. Registration is now open! Contact Julie Gill at gillji@ucmail.uc.edu if you have any questions.

Make it a weekend getaway!

Muskingum County Area Attractions

The Wilds

The "Y" Bridge

Lorena Sternwheeler

Big Muskie Bucket

Alan Cottrill
Sculpture Studio

John and Annie Glenn Museum

and more!

EVENTS

-FOCUSED
EDUCATION
SESSIONS

CLINICAL CASE STUDY PRESENTATION COMPETITION

> OSRT BUSINESS SESSION

FRANCINE
TODD
MEMORIAL
HONORS
RECEPTION

Registration is Open

- Register at www.osrt.org or scan the QR code
- Registration deadline: September 9, 2024
- After September 9, 2024, a late registration fee of \$50.00 will be assessed.
- Meals cannot be guaranteed for onsite registrants.



Registration Fees

Registered Radiologic Technologists/GXMOs

OSRT Members

- \$100 Entire Session
- \$50 One-day

OSRT Non-Members

- \$150 Entire Session
- \$75 One-day

Students

\$50 Entire Session

Optional Events - Pre-registration Required

- \$20 Rose Fitz Luncheon
- \$25 Francine Todd Memorial Honors Reception

Payment Options

- Online Payments via credit cards: American Express, Discover, Master Card, Visa, or your PayPal account
- Pay later by Check or Money Order made payable to the OSRT. Mail to:

OSRT Executive Secretary 325 Lake Vista Dr. Zanesville, OH 43701

Payments received after
 September 9, will be charged
 the late fee.

NOTE

- Out-of-state radiologic technologists and students who hold memberships in a state society receive reciprocity and may pay OSRT member fees. Your membership card can be uploaded when registering for the meeting.
- Students in a primary program will not receive continuing education (CE) credits. Students in a post-primary program must register as a technologist.



OSRT ELECTION RESULTS



Directors-At-Large

- Becky Everetts, A.A.S., R.T.(R)
- Teresa Taggart, M.S., CNMT

President-Elect

• Tiffany Roman, M.A.Ed., R.T.(R)(CT)(MR)

Technologist of the Year

• Janice Gibson, M.Ed., R.T.(R)





July 1 - September 9

New Members

Become a new member of the OSRT to be entered for a chance to win one of three \$125

Visa Gift cards!

Referral Drawing for Current Members

Refer a New Member for a chance to win one of three \$100 Visa Gift cards!



Student Spot!

Student Cardinal Rays









I hope your summer is going great!! I hope you enjoy this nice break if you have the summer off. For those of you in clinical and classes this summer, the end is almost here! This summer, I officially started as a radiologic technologist, and it has been great to put into practice what I spent two years learning. It's hard to imagine that just a year ago, I finished up my first semester of clinical and was starting my summer rotations. Trust me, you will walk across the graduation stage before you know it. Time flies while you are in school, so enjoy the time spent making friends and learning!

As always, there are many ways to get involved with the OSRT! Joining a committee is a great way to start. These committees allow you to make some great connections within the world of radiology and can allow you to continue to grow as a technologist whether you are currently in school or not! There are many committees, including advocacy, marketing and sales, the SES and annual meeting committees, and more! Speaking of the annual meeting, it is coming up at the end of September! You can register and find information about the meeting on the OSRT website! I hope to see you all there!

After passing your certification exam, remember to renew your OSRT membership! You will now be an active member, which allows you to vote, serve on a committee, and run for the Board of Directors! Renewing is easy, and there are multiple options. Click here for more information and to renew!

Respectively,



Parker Bishop Student Director student@osrt.org





Applications for the 2025 ASRT Student to Leadership Development Program (SLDP) will be accepted from August 1 - November 15, 2024. Selected students will participate in the 3-year program and learn valuable leadership skills with the ASRT and OSRT, attend the ASRT Annual Governance and House of Delegates Meeting (June 2025), and have excellent networking opportunities.

Students can apply directly on the ASRT SLDP page

Application requirements include:

- Currently enrolled in an accredited medical imaging or radiation therapy program.
- Current ASRT student member.
- Proof of current ASRT affiliate membership ,excluding Military applicants.
- Completed application and essay.
- Signed letter of recommendation from your program director.

Selected participants receive:

- Airfare, housing, and a stipend for meals and other travel expenses.
- An educational program designed just for students.
- An insider's look into the world's largest association for medical imaging and radiation therapy professionals.
- Expanded opportunities for professional growth.
- Three years of continuing SLDP opportunities.

Contact the OSRT Executive Office at osrt@osrt.org with questions.

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MEET THE BOARD Olivia House B.S.RT(R)(M)



Hi Everyone!

My name is Olivia House, a Director on the OSRT BoD. I currently serve the organization as a member of the Quiz Bowl committee, vice chair of the Leadership Academy committee, and have worked on both the Strategic Planning committee and associated task force. In addition to my duties to the OSRT I also work full-time as a radiologic technologist at a Nationwide Children's Hospital offsite orthopedic location.

I first got involved in the OSRT while I was a junior in college in my first year of my rad tech program. I was attending The Ohio State University to complete my bachelors in health and rehabilitation sciences (radiologic sciences and therapy). My clinical coordinator Allison Stokes was very big into getting us students involved in the OSRT. She made it clear the benefits and opportunities the OSRT can provide not only to registered technologists, but also to students. (My class was preparing for the quiz bowl competition however, in short, covid happened...).

I remember rotating through the Ohio Health Westerville Medical Center for my clinicals and I met a wonderful woman named Emma Palmer. She was a manager helping fill in for one of her staff members on first shift, so I got to work with her during my rotation. At the end of the day, Emma had asked if I had ever considered applying for the OSRT student leadership program. I told her I have heard about the OSRT but was not familiar with the leadership program. She had asked if I would be willing to apply and to reach out if I had any other questions. Fast forward to a few months later and I would be serving as the OSRT Student Director.

Being a student, while also being involved in the OSRT gave me a large lead in regards to the professional environment. I was aware of all the effort and energy that goes into advocating for our profession and I had so much passion for the career before I even took my boards. Upon graduating college I continued my involvement with the OSRT serving on various committees, helping with Cardinal Rays newsletters, and participating in differing OSRT events.

This term, I hope to continue implementing ideas that promote the mission, vision, and core values of the OSRT. I also want to continue to spread the good word of the OSRT and continue to recruit and retain members.

Want to learn more about how you can get involved with the OSRT? Email me at oliviaahouse17@gmail.com or click this link!

Vivia



The Path I Took. Servitude and Relationships

Heather Moore, Ph.D., R.T.(R)
President, ASRT Board of Directors

Hello. My name is Heather Moore, and I have been a radiographer for over 30 years. I started into an associate degree program right out of high school, sort of on a whim, and immediately loved it. I had a thirst for learning, so I continued my education over the next 25 years until I hit a personal goal of becoming a doctor. Initially, I planned to become an M.D., but that didn't pan out, so I earned a Ph.D. instead and became a doctor along a different path.

I was asked to describe how I made it to the position of ASRT President of the Board of Directors. Quite simply it boils down to servitude and relationships. Among other things, one must have the heart of a servant and the ability to build and foster relationships with others to become a leader. I think that those two things are what allowed me to pursue leadership positions within the OSRT and the ASRT.

Volunteering for the profession started small for me. I had participated in Quiz Bowl as a student and really enjoyed it, so I decided to volunteer on the Quiz Bowl committee as a technologist. This was the first of many OSRT committees where I proceeded to spend my volunteer time. It was also the committee where I started to form relationships with other OSRT volunteers, and they turned out to be great mentors! It was those mentors and my UC Blue Ash College colleagues who encouraged me to volunteer for several other committees and who asked me to fill a vacant spot on the OSRT board of directors.







The Path I Took. Servitude and Relationships

Continued ...

After dipping my toes into the board waters, I found that I enjoyed the camaraderie and having the ability to protect and propel the profession at the state and national levels through advocacy efforts. I then ran for an executive board position and proceeded through the offices of President and Chairperson of the OSRT board.

During this time, I ran and was elected to be a radiography and then an education ASRT chapter delegate. Additionally, I was appointed by the OSRT Board to be the Ohio affiliate delegate in the ASRT House of Delegates. In the meantime, I applied for the ASRT Leadership Academy and was awarded a spot to attend the academy. I learned so much about the profession, the professionals who we serve, and the impact that advocacy has on the profession that I just kept trying to get more involved. After a failed attempt at running for the position of ASRT Vice Speaker of the House of Delegates, I was encouraged to run for the ASRT board in a national election.

Much to my surprise, I was elected as Treasurer and knew that I had found another place to grow in my understanding of the profession and to build more relationships. I lost the next election as vice president, but tried again and won the following year in my attempt at secretary, then vice president the following year and president-elect the year after that. I am utterly thrilled and humbled to have been elected to this level of service. The mentors and connections that I had built relationships with at the state and national levels were the people who encouraged and supported me the most.

I want to give a shout-out to my Ohio Society mentors and friends and my colleagues at the University of Cincinnati Blue Ash College, as they have been and continue to be extremely supportive. They have allowed me the space to be able to fulfill the obligations of the President of the ASRT. I would be remiss if I left out my husband, Doug. He is my biggest cheerleader and the one who takes over as head housekeeper, dog-Dad, and airport transport service when I am traveling or involved in online meetings. I spend many hours serving the profession in my current role, but it is a labor of love, and I am very proud to have the privilege to serve all medical imaging and radiation therapy professionals.





The Path I Took. Servitude and Relationships

Continued ...

I encourage all of you to get very deeply involved in professional societies. They need you and your support! Your voice is what will enact change and protect the profession. I feel it is our privilege and duty to make sure the radiologic technology profession is around for many years to come. That means that we ALL must put an effort into it and get involved with our local, state, and national professional societies.

Even if volunteering pulls you out of your comfort zone, I encourage you to give it a try. I found medical imaging to be a rewarding career and I've enjoyed volunteering to support that career very much. Please consider taking that next step and running for a committee, board, or delegate position. I can guarantee that it will be an amazing personal growth experience, plus the lifelong relationships that you will build will take you to places you had never imagined.



Dr. Heather Moore being installed as ASRT President by outgoing ASRT President,
Brandon Smith



Ohio representing at the ASRT: Dr. Tricia Leggett, Tiffany Roman, Alisha Guerrero, Kris Seitz, Teresa Taggart, Dr. Heather Moore, Kevin Rush, Allison Stokes, Lucas Gross, Dr. Tracy Herrmann, Dr. Ryan Smith, and Gary Greathouse



Foundation Corner

Grants Available

There are a number of grants available for registered technologists and therapists. What's better than a chance for free money?

<u>Grant applications</u> are open to all registered technologists and therapists OSRT members. Apply by August 1, 2024.





Case Study Presentation Competition



Do you have a case study you've had to complete for a school assignment? Or maybe you have a great case that you want to share? Why not showcase your work at the Annual Meeting?

The OSRT Education and Research Foundation Case Study Presentation Competition is open to all registered technologist and therapist members of the OSRT.

Step 1

Submit a Scientific Case Study Competition application, a Microsoft PowerPoint or Google slide presentation, and a detailed presentation outline. These must be sent to the OSRT Executive Secretary by August 1.

Step 2

Do a live presentation of the submitted Case Study for attendees at the 2024 OSRT Annual Meeting on September 20.



Foundation Corner

Pay It Forward

Would you like the opportunity to help others in your profession? If so, please consider donating to the OSRT Education and Research Foundation. Donating to the OSRTERF will allow medical imaging professionals to excel in clinical, administrative, and educational settings.

This also allows individuals to apply for the opportunity to conduct research vital to improving patient care and advancing imaging professionals. You can make an online donation, or if you have questions, feel free to contact a representative on the Foundation Board. Donations may be small or large; we are just happy you are willing to help!



OSRTERF Board of Trustees

Dr. Terri Bruckner (Chair)
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Ellen Johnson (Secretary)
Deb O'Mellan
Whitney Reese
Jan Gibson
Halley Majersky
Emma Palmer
Dr. Julie Gill



2025 Student & Educator Symposium April 10-11 Hilton Columbus/Polaris

CALL FOR PRESENTATIONS

We are accepting presentation proposals, so please consider sharing your expertise with OSRT members and beyond. To submit a proposal, please email the following information to osrt@osrt.org.

- Name,
- academic credentials,
- the title of the presentation,
- · presentation description, and
- 3-5 learning outcomes.
- Topics to include student reviews for Image Production, Safety, Patient Care, and Procedures; educator topics like writing exam questions, advising for student success, or new technologies to assist learning; and general topics such as pathology, effective communication, and advocacy.

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BOARD OF DIRECTORS MEETING SCHEDULE

All are welcome to attend the Board of Directors meetings. They are free to attend, but pre-registration is required. Please contact the OSRT Executive Secretary for more information or to register.

- Saturday, July 27, 2024, via
 Zoom
- Thursday, September 19, 2024
 In-person at Zane State College

IS IT YOUR TIME TO RENEW?

Don't forget to renew your OSRT membership! Look on your membership e-card or contact the Executive Secretary to see when it is your time to renew.



Renewal notifications will be sent via email before your membership expiration. Make sure to not miss these emails by setting the OSRT email as a trusted sender, so our emails don't end up in your junk folder. Also, be sure that the email you are using is the email in your member profile.

Why renew? Well, why not! OSRT membership has many benefits, including professional advocacy, discounted rates for CE opportunities, networking, scholarships, and volunteer opportunities. For more information, check out our membership benefits.

Check your SPAM!



Sometimes, the OSRT email is flagged by your email server as SPAM. Make sure you have osrt@osrt.org as a trusted email to stay up-to-date with OSRT information in your inbox!

VOLUNTEERS NEEDED

The OSRT is a very active organization with many volunteer opportunities for its members. It is a valuable way to give back to the profession and share your knowledge and skills with colleagues. Individuals are able to contribute time and skill sets to support the mission of the OSRT and the OSRT Education and Research Foundation.

The OSRT is putting out a call for volunteers for the October 2024-September 2025 term.

Information about volunteering, committee descriptions, and who to contact if interested can be found on the OSRT <u>Volunteer page</u>.

GET SOCIAL!

Click on the icons for the OSRT social media pages











OSRT Executive Office

325 Lake Vista Dr. Zanesville OH 43701 (440) 382-5607

Email: osrt@osrt.org

Web: www.osrt.org

OSRT VISION

To promote clinical excellence in radiologic technology

OSRT MISSION

We advocate for radiologic technologists by advancing professional practice to enhance patient care.

From the Editor

Thank you for taking the time to read this issue of Cardinal Rays! I appreciate any feedback that you have about Cardinal Rays. What information would you like to read about? Let me know!

Lauren Huffman

Cardinal Rays Editor



OSRT Board of Directors

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