



Ohio Society of Radiologic Technologists

Quarterly Newsletter of the OSRT

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The OSRT would like to thank everyone that participated in the election and for your continued support of the organization. These candidates will be recognized and installed during the OSRT Annual Meeting in April. Again, a big congratulations to our newly elected members representing the OSRT are:

President-elect Board of Director Nominee: Emma Palmer, BSRT, RT(R)(CT)

Ms. Palmer has been an active member of OSRT since 2005 when she was selected to serve as OSRT Board Student Director. Following her term as Student board member, Emma continued to serve OSRT in multiple leadership roles, e.g., co-chair-Student Leadership, Health Policy, Editorial Review, Annual Meeting committees and currently serves as an elected Director for the OSRT Board of Directors. Over the years, Emma has been active in multiple leadership roles for the ASRT *House of Delegates* and passionately served Ohio as ASRT's *RT in DC* representative. In 2014, Ms. Palmer received OSRT's *Technologist of the Year Award* for her dedicated service. As a Cum Laude graduate of The Ohio State University, Ms. Palmer has a rich history of leadership and service both in the profession and as a citizen at-large, e.g., Habitat for Humanity, Lambda Nu Honor Society (where she has received honors), and student council leadership. Emma currently serves as imaging supervisor for Westerville Medical Campus where she oversees daily clinical operations for radiography, CT, MRI, bone densitometry, mammography, fluoroscopy, sonography, nuclear medicine, and cardiac imaging. Ms. Palmer is a true professional and her skills are an asset for Ohio and OSRT as our next Society's leader.

Board of Director: Julie Gill, PhD, RT(R)

Julie has served the OSRT continuously since 1996 in the following capacities: Member, 1984–present; Co-Chairperson, Annual Meeting Committee, 1998, 2002, 2007, 2008, 2013, 2016; Chairperson, Leadership Academy Task Force, 2014–present; Membership Survey Appointee, 2010–present; Co-Chairperson, Strategic Planning Committee, 2013–2014; Student Liaison, 2006–2013; Member, Board of Directors' Composition and Election Committee 2012; Recording Secretary, 2004–2010; Co-Chairperson, Honors and Awards Committee, 2009–2011; Committee Member, 2009–present; Co-chairperson, Quiz Bowl Sub-committee, 2009–2013; Member, Strategic Planning Committee, 2009–2010; Chairperson, Ad hoc Committee on Membership Data, 2005–2008; Chairperson, Student Retention Task Force, 2004–2006; Quiz Bowl Moderator/Judge, 2002–2013; Member, Task Force on Restructuring, 2004–2005; Chairperson, Health Policy Committee, 2000–2002; Member, Health Policy Committee, 2000–2006; Member, Board of Trustees, 1996–2002; Chairperson, Board of Trustees, 1999–2000; President, 1998–1999; President-Elect, 1997–1998; Member, Annual Meeting Committee, 1998, 2002, 2005, 2007–2010, 2016.

Board of Director: Tiffany Roman, MS, RT(R)(CT)(MR)

Tiffany is a registered RT (R), CT, and MRI technologist and an RT for 16 years. She worked in many capacities, a staff technologist in x-ray, CT, and MRI, as a corporate educator, and currently as an educator in Radiological Sciences at the University of Cincinnati. She has served in various roles for the OSRT including Marketing and Sales Co-chair (3years), Health Policy (2years), and appointed as a Director on the Board (1 1/2yrs) to fill and open position. She is active in other Imaging and Educational, Organizations such as ASRT and AEIRS. She is enthusiastically looks forward to the opportunity to continue as a Director on the Board of the OSRT.

Technologist of the Year Award Winner: Heather Moore, MEd, RT(R)

Heather has been an imaging professional for over 27 years, devoting her life to education and the advancement of the imaging profession. She is currently the Program Director and Associate Professor in the Radiologic Technology Program for the University of Cincinnati Blue Ash College. Heather is an experienced presenter on many topics at the state, national, and international level. But what makes Heather special is the relationships she has developed over her many years in imaging with her students, graduates, co-workers and professional peers. Heather has also formed lasting relationships with many members of the OSRT. She has served the OSRT in many positions over the years as a member of the following committees; Quiz Bowl, Public Relations Co-Chair, Annual Meeting, and Honors and Awards Chairperson. Heather has also been a Director on the OSRT Board, President, Board Chairperson, and Senior Board Chairman. After her service on the OSRT Board, Heather continued to serve on the OSRT-ERF as Vice-Chairman, Board Chairman, Honors and Awards Committee Chairman, and Director. On a national level, Heather has represented Ohio at the ASRT House of Delegates as the Radiography Chapter Delegate, and Ohio Affiliate Delegate. She is also a graduate of the ASRT Leadership Academy. Heather has accomplished a great deal in her career as an imaging professional. But Heather is more than the sum of her accomplishments; she is an intelligent, kind, caring person and a consummate respected professional truly deserving of the title: *Technologist of the Year!*



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Tech Talk by Lizzy Hemme, BRST, RT (R) (CT)

What is your name, educational background, credentials, and job title? *Maureen McDaniel, M.Ed., RDMS, RDCS, RVT I received an AS degree in Medical Sonography from Kettering College of Medical Arts, a BS degree in Health Professions from Kettering College of Medical Arts, and a Master's in Education from the University of Rio Grande. I am registered in Abdomen and Small Parts, Obstetrics and Gynecology, Adult Cardiac, and Vascular through the American Registry of Diagnostic Medical Sonography (ARDMS). I am currently an adjunct Assistant Professor with the University of Cincinnati as well as a practicing Sonographer. I am employed at Associates in Women's Health and both pregnancy centers, I work independently and if I see anything that is concerning to me, I contact the physician.*

What does your job entail? *I introduce myself to the patient and family members appreciating the fact that during an OB exam, it is typically a family affair. I explain the procedure to the patient and begin scanning the patient while I am documenting all the anatomy.*

Why did this type of work interest you? *I am very privileged to be able to show the baby to its parents on an image. The scan itself is such a bonding experience for the parent, as well as a very technical exam for the physician.*

How many hours do you work in a typical week? *This varies so much from week to week for me. Many of the courses I teach are distance learning in nature. This means that some weeks, I am working weekends, late nights, etc. and other weeks are not as time intensive for me. Some days, I am working from home completely; other days I am going to numerous sites, driving many miles and being on the road for a 14 hour day.*

What do you think the most important skills and abilities are for this position? *You have to genuinely LIKE people to be a sonographer. You have to be understanding of difficult situations to work in pregnancy centers. My life, with all the struggles that came with it, has allowed me to develop the personal skills I needed. Being able to talk to the patients about anything while focusing on technicalities like measurements, etc. is very helpful. You must LOVE to continue learning. I always say that I will keep scanning as long as I keep learning....I have so much more to learn.*

Describe a satisfying or meaningful experience that you have had during your career. *A really rewarding experience that happened last year was a previous student approached me at a national ultrasound conference and asked speak at our Ohio meeting. She had spoken as a student in a competition we held, but now she had graduated, become employed as a sonographer, and was ready to present as an expert. I was so excited because this organization was meant to bring new sonographers to a level of becoming the next generation of leaders in our field. I knew we had succeeded in our mission at that point!*

What changes do you see occurring in this field during the next few years? *For many years, we have been trying to move forward as a profession to allow for a mid-level provider, I believe this will eventually happen within our field. The technology is constantly changing allowing for more opportunity in testing more than we do currently. Cordless transducers are just now seeing the light of day; this advancement is will be a great asset to scanning! We also have new technology in breast ultrasound allowing us to scan the entire breast and look at it in slices similar to a CT. There are exciting times ahead in ultrasound!*

Where would you like to see yourself in five years? *I LOVE where I am professionally at this point. I really like that every day is different for me: working from home on classes one day, scanning all day the next, and actively participating in our national and state organizations. If things are pretty much the same in 5 years, I will be very blessed.*

What suggestions do you have for an individual wishing to enter this field? *You must realize that there are a lot of things that can go wrong with a pregnancy. People always want to think that scanning babies is so much fun, but you must appreciate that there will be tears. I am very blessed with how my career has blossomed.*

Describe your membership in professional clubs, associations or organizations? *I am the Executive Director of the Ohio Medical Ultrasound Society. I also am on the Conference Management Committee of the Society of Diagnostic Medical Sonography and serve on the Nominating Committee of the SDMS.*

What do professional organizations do for the profession? *The OMUS was developed to provide premier education to our Ohio Students. It is a fabulous organization that has provided for a place to have all Ohio Sonography Students come together in one place. I have also represented the profession as a speaker during the OSRT Annual Meeting.*

What kinds of hobbies and activities to you enjoy in your spare time? *I love traveling particularly cruising. I also make my own soap with herbs from my garden. I find this a wonderfully relaxing expression—it's like baking without the calories.*





Ohio Society of Radiologic Technologists

Student Edition March/April 2016 Volume 15 Issue 6

Reminders for the upcoming Annual Meeting...

The 76th annual OSRT meeting is quickly approaching! Are you registered? If not, you still have time! You will need to go to the website, at www.osrt.org, and create a user account. There are instructions to join the OSRT, register for annual meeting, and a brochure of times and events at <http://www.osrt.org/annual-meeting/2016-annual-meeting/registration>. Again, joining the OSRT as a student will get you a discounted rate for annual meeting registration, as well as membership from the time you join, to one year past your graduation.

The meeting is April 7-9, at the Cleveland East Marriott Hotel in Warrensville Heights. There are plenty of things to look forward to all three days. Thursday the 7th is loaded with student/technologist sessions with topics like, "The Study of Disease," and "You Down with O.P.P.," a session about occupational and patient protection. Also, on Thursday is the student open forum, which will definitely be a laid back, introductory session for students from all different locations. It will give us a chance to relate to each other as students, play some games, and get ready for the dance party Thursday night! From 9:30 p.m. until 1 a.m., there will be a dance party that is open to everyone. This year, the theme is "masquerade." Feel free to wear a half mask! Trust me, this dance party isn't one to miss! I know some of you want to see your professors dancing!

For those of you that are second year students, please remember to pre-register for the Phillip W. Ballinger self-assessment exam, which will take place on Thursday from 6-9 p.m. This is a great way to take a practice assessment to see what your strengths and areas for improvement in preparation for the big test!

On Friday, there will be a ton of interesting presentations on topics including fetal anomalies, as well as one on the newest 3T MRI technology. We will also be introducing the new student interns and director on Friday at the Francine Todd Memorial Honors banquet. The new student director is **Stephanie Bachman of The University of Cincinnati**. Your new student interns are **Robert Cobb, Gabriela Lemus, and Tina Manger**, of Sinclair Community College, The Ohio State University and Sinclair Community College, respectively.

Saturday is a big day for students, as the quiz bowl starts at 9:30 a.m. This is a great way to show support for your school and classmates, as well as get some extra studying in for your ARRT exam. The competition is always fun and friendly, and it's an awesome time! Trust me!!

To all of the 2016 graduates, I wanted to personally congratulate all of you. I know how it feels to be nearing the end of my program at Sinclair Community College in Dayton, and I bet all of you feel the same as I do. This has been a serious commitment, and in the process, I have learned a lot about myself, as well as my classmates. I feel this program, and being involved with OSRT in a leadership position, has helped me in figuring out who I am, and why I know that I am finally in the right place. So, in closing, I would like to say that being nominated for this leadership role has made me so very proud of myself, and of our profession. Good luck, 2016 graduates, on your ARRT exam! I know you are ready, and so am I! I wish everyone the best of luck in the field!

Aarika Rooney, Student Director, Arooney43@hotmail.com

This & That

The OSRT Annual Meeting Committee would like to invite you to attend the 2016 Annual Meeting held during April 7-9th at the Cleveland East Marriott Hotel located in Warrensville Heights-Cleveland, Ohio. Please visit the OSRT website to for additional information and to register!



OSRT VISION

The OSRT will be the voice of Ohio medical imaging and radiologic science professionals.

OSRT MISSION

The OSRT will advocate for medical imaging and radiologic science professionals by advancing professional practice to enhance the quality of patient care.



The Foundation Corner

The OSRT Education and Research Foundation will be holding a Silent Auction at the 2016 Annual Meeting to raise money for Grants and Research Awards. We would love to have your participation in this event as it is our biggest fund-raising opportunity of the year. We would like to ask for a donation of either a themed basket or other item that we could place in the silent auction. Baskets or donated items typically average about \$25 in value, but if you would like to team-up with another person and make a \$50 value basket, that would be great too! Remember, your donation to the Foundation is 100% tax deductible and Jay Ball, our financial manager, will provide the appropriate tax documentation to you after you inform him of the items value.

Please bring your basket to the Annual Meeting. You can drop them off or be directed to the room to drop them off at the registration table. Thanks so much for your anticipated participation! If you have any questions about this, please do not hesitate to contact me.

Dr. Richard States
OSRTERF Chairman

Thank you from the OSRTERF!



A Note from the Editor

If you have an submissions for Cardinal Ray's please feel free to contact me at

llarnold@seormc.org

Thanks!

*Leisa Arnold, Editor
Cardinal Rays Editor*